

A Series Of Dreams

A Story About Everything
And How
It's All Connected

Brian White

A Series Of Dreams

A Story About Everything
And How
It's All Connected

Written by:

Brian White

Copyright © Aug. 2025

Brian White

Please don't reproduce this.

IF you need anything
please contact

Brian White :

A Series of Dreams.Com

A. Series. Of. Dreams. 2025

@gmail.Com

Table Of Contents

Preface : i-iv

Chapter 1: We Have Problems

- Introduction / 1-7
- What This Book IS About 7-17
- Part 1: Let Me
Set This Up for You 18-37
- Part 2: Spirit, Soul
Mind, Body 38-62
- Part 3: The Spirit
World 63-80
- Part 4: Painting a
Picture of the Problem 81-96
- Part 5: There is
a Solution 97-107

Chapter 2: Humans 108

- Part 6: The Light 109-114

• Part 7: Earth's
Memories 115-126

• Part 8: Human
History 127-134

• Part 9: Thoughts 135-145

• Part 10: Our
Memories 146-161

Chapter 3: A Look Into Human History 162

• Part 11: Humankind 163-184

• Part 12: How It All
Began For me 185-208

• Part 13: How old
is humankind? 209-219

Chapter 4: As Above So Below 220

• Part 14: Humankind
has been around more than
8,000 years. 221-235

• Part 15: Shamans 236-260

• Part 16: Ancient
Tech 261-277

• Part 17: Immortality 278-286

• Part 18: As Above
So Below 287-307

Chapter 5: Immortality 308

• Part 19: The
Transference 309-326

• Part 20: Story
Time 327-347

• Part 21: The
Dilemma 348-358

• Part 22: We End
With a Meditation 359-364

• Author, Brian White 365

Preface

My name is Brian White and I started writing all this on May 1, 2025 and finished on August 16, 2025. It quickly developed into this piece of work and I truly hope I did it justice.

I hand wrote the entire thing primarily because of A.I., but also the nature of the book. I also think

normal print is used because people became lazy and it just became the norm. I get it for technical stuff but I would say the art of literature died a long time ago.

I was going to make this a series and charge a bunch because it is so dense, but this thing evolved.

By June I decided
it had to be free because
it was imperative people
read the entire book.

So read until the end,
the handwriting and wild
story will enchant you,
I promise.

I do hope you
find value in my work,
and I need everyone's
support to help me
get this message around

the world. So please
visit my website at
A Series Of Dreams.Com,
or email me at
A.Series.Of.Dreams.2025@
gmail.Com for details
on ways to support
ASOD (A Series of Dreams)

Love you All, Enjoy!

Brian White

Aug 20, 2025

IV

Chapter 1

We Have
Problems

Introduction

We are light beings. Matter merely gives us the opportunity to have sex, and take drugs.

All creativity stems from this light.

This is what our dreams are made of, and who we are when we sleep.

Somehow each individual has a distinct light coined the "I am"

by Christian D. Larson in his book Your Forces and How to Use Them.

I will be using the term the light from here on out. The light can be defined as you,

as in that person you are
when you sleep, distinct from
your body.

There is one distinct
you that exists. This is the
light. Now something I would
like to point out is that there
are times we are not ourselves.

Some ancient ancestors refer
to this as possession, and
by mere observation one can
see this in people on the streets.
Their bodies barely able to

Stand up at times, I wonder
if there is anyone in there.

But I believe there
are varying degrees of "not
being oneself", for example:

hypnosis and split personality.

It seems people can fully
encode another person onto
another, or rather, into another
person. The government has
been involved in this field and
M K Ultra, Jason Bourne, type
of application is what we

Know of.

Another version of people losing themselves, or their light entirely, can be drug or substance abuse. You can see it in the parking lot of the Safeway I worked at. These people were not in control of their bodies. You have seen the people on the street hunched over. To be honest I don't know how these people are still standing, how are they

5
balanced upright? Hunched over
at their hip, head touching their
knees, hands touching the floor.

These people are a shell of
a body. I don't understand
how their system is even
operating; these people are not
even close to themselves.

People suggest this all
the time. They will say statements
such as: "that wasn't me", "that's
not who I am normally", "I
was overtaken with emotion."

People have been set free on murder charges because they "were not in their right mind." So the real question is who were they?

I suggest it is other souls on this planet that occupy these voids that appear as individuals. But the "Light" is who one is, the who you are inside your head. That's the light.

I believe the simplest way to envision this is to picture that entity controlling

your every move behind your eyes.

The light is your essence, vibrating and harmonizing your intentions

physically and through dreams: both consciously and subconsciously, while awake or in a dream

world. It is the vibration you

feel at your center when you meditate transcending all

physical form. That is you, that is the "light".

What this book is about.

We begin with a meditation.

Concentrate on time slowing down.

Think of less and less as time becomes one moment.

Let your thoughts focus on Earth's gravitational energy pulling on your body right now.

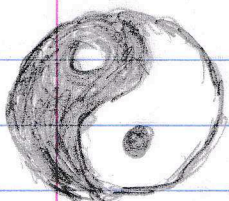
This connection with the Earth is with you at all times.

Just like our soul's light is ever present, the Earth's energy is as well. Right now it is touching the top of your brain, as well as the top of your heart.)

This is the same gravity that is touching the inside of your lungs as well as the oxygen particles they contain as well. So at all times we are engaged in the Earth's sphere. Concentrate on these two fields interacting; inseparable yet distinguishable.

The gravity meditation.

We are light beings in a material world. Yin and Yang.



So to break it down we are light beings tapped into the material world so we can; well essentially feel love. The universe's purpose is to contain a surplus of love and right now the Earth is not doing a very good job. Humans are giant chemical bags containing the universe's best chemistry experiment.

The downfall of humanity is centered around forgetting

We are Primarily light-beings.

Humans are so Consumed and addicted to the material world that we almost entirely gave up and ignore the fact that this material world makes up a miniscule aspect of

humanity. The current perspective of this aspect of humans is

ignored altogether, thus the solution has been more material stuff:

drugs, T.V., Food. This is the disconnect we have together

as humanity. But I am here to affirm every inclination, and sneaky feeling you have ever had. That humans are primarily light beings, and that there is an entire universe many people have not been able to connect with. I am here to give you the tools to understand this aspect of humanity; the Light. The Earth is very very old, as well as humans. Humans have inhabited

the Earth for hundreds of thousands of years. We own this Earth but we share this Earth with a Non-Human Entity.

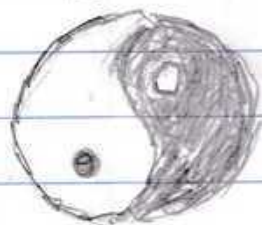
I will further refer to these co-inhabitants as N.H.E.

They are material creatures. They can not dream or create an original thought, or have any sense of self. They are material creatures who get a glimpse of Light; via us Light beings. They are the

other side of the yin and yang.

These creatures are conscious because we show them what consciousness is. Therefore, to get this material existence that exists through chemical reactions, we provide the Light.

I will elaborate further; but for now merely envision the Yin Yang symbol. This is the relationship we have with these beings by essentially



15
Manifesting each other's
world symbiotically. To achieve
the experience of a chemical
being based on matter we
bring the word the Light.
The N.H.E. exist. We have
all met someone with no soul,
or no ability to dream; or,
quite simply individuals who
just copy and paste all their
thoughts they present
as their own.

This is the existential

15

tension everyone feels. We have
been interacting with these beings,
well I would imagine forever.
All the way back to the story
of Adam and Eve. We exist
as light beings in their world,
somehow supplementing our
existence on Earth altogether. In
exchange for awesome chemicals
to generate our deep emotions
such as love, we show them
how it's like to be human.
We allow the N.H.E. beings

access to our thoughts, thus
giving them access to the Light.

This is the law of equivalent
exchange.

So how did we get in this
crisis? The light which sparked
humanity is being given up
for a material substitute.

Part 1 - Let me set this up for you.

We begin with a meditation or just concentrating on ones own Light.

Breathe in ... and as you breathe in feel every cell inside you being pulled down by gravity. Every cell inside of you has two forces affecting each cell simultaneously at all times. One is the gravity of the Earth pulling down, while the other force is you.

Breathe out ; as the

force of gravity touches every cell in your brain, every tissue in your heart, the bottom of your stomach. Gravity is touching every cell, neuron, fibrous tissue inside you and pulls it towards Earth.

I always want to think this is what George Lucas is referring to in the movie Star Wars. The force, the gravitational pull of Earth that touches every living being on Earth

Simultaneously. Feel the gravity
flow through you...



So let's start from scratch
and use the great French
philosopher René Descartes
logic to approach this
situation as humans find
ourselves in. What I mean by
this is let's take a look at
this "being human" experience
we find ourselves in as a
blank slate. What solid

data do we have to work with? Generally one would believe a good place to start researching such a subject would be the public education systems such as the universities found around the world, for example: Harvard, Stanford, Oxford, and Cairo university. But it seems these institutions are dishonest about what they are willing to share when it comes

to innovations in science and archaeology.

Throughout humanities history countless numbers of libraries have been burned down and ransacked. There is a tragic aspect of humans where we believe by hoarding, hiding, and misrepresenting historical data and findings one can gain an upperhand over another person.

If one were to take

a look at the Palestinian history books, they use Western ideas as examples of what not to believe. I have seen pictures of examples and they are quite funny. They do bring up Darwin and the theory of evolution then state something along the lines of "everything Darwin wrote was a lie, and everything Darwin stated is wrong." I am paraphrasing here but they do not speak fondly of the

guys ideas.

China's history books leave out huge chunks of information as well; particularly regarding the hundreds of pyramids, key-hole structures, and megalithic sites. Chinese historians have criticized Western historians stating their dating for various archaeological sites are inaccurate. Chinese historians stated that structures such as the Great Pyramids of

Giza, the Sphinx, as well as Baalbek are much older sites than described.

It seems that each culture's schools have evolved into a form of propaganda.

Governments seem to use the schools to prop up outdated beliefs with wildly inaccurate stories. Schools are there to legitimize the status quo.

Anything new or groundbreaking in any field seems to

disappear or be shunned
aside if it does not conform
to the status quo. There
are several examples; but my
two favorites are Nikola Tesla,
and Terrence Howard.

It is a shame society
does not take these kinds
of people seriously. It happens
more often than I think people
know, where these people are
deliberately shunned or killed.

This odd tendency by those

in charge more than anything
got me asking; why?

Using these generally
accepted views of history, let
us go back to where we
started civilization. This would
be Göbeklitepe, which is
dated to around 9,500 BCE.

According to Western scholars this
is when we left the caves
and started building cities
and living in communities.

So for about 12,000 years

humans have been camping and hanging out. We had so much free time that we started moving giant rocks to create just epic pieces of art and architecture.

For the record the pyramids at Giza are said to be 4,500 years old by current Egyptologists. There are Arabic writings that date the pyramids as far back as 73,000 years ago as stated by Christopher Dunn.

in his book The Giza Power Plant.

There is also the Turin papyrus hanging up in the Egyptian

Museum in Turin Italy that states

the Shemsu-Hor dynasty reigned

for 13,420 years and before that

dynasty there was another dynasty

that reigned for 23,200 years,

totalling 36,620 years.

I think it is safe to say

China is accurate when they

state human history is far

older than the Western education

Systems will allow.

Still according to Mainstream scholars the pyramids of Giza were built between 2,500 - 2,600 B.C.E. in about 25 years total.

Our ancient ancestors were able to move giant megalithic beautifully cut pieces of granite and other rock. On top of that they were able to with extreme precision. Our ancient ancestors had extraordinary capabilities often overlooked by scholars,

but I believe is coming to light. This topic is covered extensively in the documentary B.A.M. (Builders of the Ancient Mysteries), as well as on the Youtube channel Uncharted X.

So why does our education system not look further into this subject or at least approach it honestly?

The internet sleuths have uncovered a whole bunch

of things our education system does not want discussed.

Huge multinational companies in medicine and energy as well as others seem to have been able to inhibit this knowledge from the public.

This topic is very interesting and indeed endless, and I encourage everyone to look into these topics further. Some Youtube channels I recommend are: Uncharted X, Universe Inside You, and Versadoco.

The point is that humans are capable of such great things as creating the Pyramids of Giza and it looks like any knowledge is being filtered through and suppressed. But why?

This is the question that got to me the most... why do this?

The reason is we are Gods. Us humans manifest the material world collectively.

We are not created by this material world, but tuned into the frequency of these matter manipulating beings. We refer to them as humans.

Through such human experiences as dreams, near death experiences, remote viewing, one can easily accept that day in and day out our consciousness (our Light, ourselves) is distinguishable from our body.

This body seems to be our

Way to connect to this world;
therefore able to effect,
influence, and create what
is actually manifested. The
body and soul are connected
but can operate independently.

So why would the
keepers of human history downplay
what humans are capable of?
Why discredit humans to such
a degree? Why go through
so much effort to hide the
truth?

The answer is "they" want to keep us down. This statement often floated around implies we are not alone. The "they" are quite simply the Non Human Entities. From here on out referred to as the N.H.E's. The ancient ancestors throughout the world all said we are not alone. This seems to be the case.

I am going to try and navigate us through,

this topic and how I got to this conclusion. But for now try to imagine all the beautiful things we have accomplished, such as: the pyramids of Giza, Petra, Angkor Wat, Pumapunku, and the list goes on.

Part 2 - Spirit, Soul, Mind, Body

We begin with a meditation...

I call this the pyramid meditation. Your head is the top of the pyramid, which is centered on your spine of which the base is at your waist. You can touch the corners with your fingers.

It is an aura, it is an energy field, I like to consider this our sphere of influence. It is that feeling when someone is in our space. This aura

Flows around us, and we control this energy field.

This is a fairly simple field to concentrate on. Just picture a pyramid of energy spinning around you. You can also visualize this pyramid on top of another pyramid that is upside down at your waist. Another fun field to concentrate on is the inverse of this. This is where the square energy is at your shoulders and comes to a point

at the bottom of your spine.

This is a fun field to play with while meditating.

It seems to be easier for the body to concentrate on different fields while in different positions. For example; while sitting, as I am now while writing this, it seems to be easier to concentrate on a pyramid with a square at my shoulders. On the other hand, while I am standing up.

I like to concentrate my pyramid base energy (the square part) at my hips with the top centered at my head.

Whenever I am in public places and I get perturbed or somehow angry, impatient, or anxious I will concentrate on this field. It always separates me away from the issue, and centers me.

We all have an energy

field. All mass has gravity and
We are a bundle of mass.

The point being we all have
an energy field, so learn to
control it. Start focussing this
energy in directions you want it
to go.

Don't get mad or upset
at whoever it is you are upset
with. Don't let whatever made
up story you are daydreaming
about, which really doesn't
exist, take over your thoughts.

I urge you to throw all that into your pyramid energy field, and feel it spin around you ... feel it.

This is the pyramid meditation. So what are we up against?



Now that we are nice and centered let me tell you what we are up against.

I would like to refer back to the first line of this book,

"We are light beings." Therefore
there exist non light beings.

They exist instead as material
beings, non-human entities (NHE's).

I will describe this boggeyman
lurking in the shadows, and
describe how we take our seat
back to the throne here on
Earth.

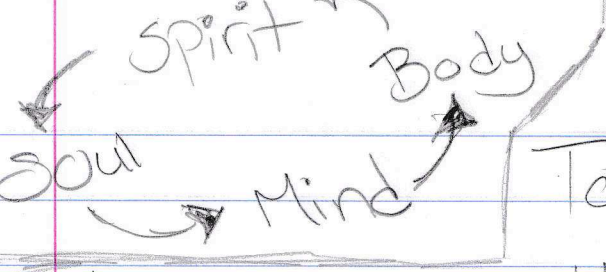
Since the beginning of
time we have been connected
to the Spirit World. It is
always there. It is the

connection we feel when we close our eyes. Each individuals light seems to be distinguishable while simultaneously deeply connected to everything at all times in the Spirit World.

We all know that feeling of when someone enters a room, or if someone pops into our mind and sends a message. Our bodies are tuning vessels into this realm I named the Spirit World. How

We each manage this system
is the "human condition"
everyone speaks of.

There are many ways
to describe this connection;
but we all feel it and seek
this connection to the
Spirit World. The connection to
the Spirit World feeds the
soul, which nourishes the
mind to further feed the
body so we are able to
tune into the Spiritual World.



To find ways
to access the Spirit World
in the "West" is referred to as
religion. But it's that spiritual
connection among our fellow
beings which actually feeds
us. I argue this disconnect
is the underlying issue with
society day to day.

It appears that with
concerted effort humans have
been convinced that the Spirit
World does not exist. It

saddens me that an entire aspect of being human is largely considered "woo-woo". This topic is far beyond anyone's capabilities of comprehension to ever be discussed, so we choose to ignore this part of ourselves. This subject is only for special people hired by the C.I.A. to find some random plane in the middle of the jungle, or find secret codes hidden in a safe deep

in a Russian bunker. It's like watching the movie Inception, I push forward through the experience pretending to actually follow the story like it is not entirely based on Science Fiction. But the story is so convoluted, and absurd that everyone just moves on with their lives. This is the problem with religion in general.

Like most institutions throughout the world religion

has been corrupted. Most religions seem to have lost sight on studying a higher power and ascending to those realms. Instead they operate more like factions, tribes, or coalitions of people; a sort of inheritance based on where one is born.

Most people like myself have given up on religion. Yet I do find, even in my own community, people getting something productive in their

lives by religious institutions.

The prayer, communion, and networks of friends such facilities in the local areas provide is precious to many people.

On the other hand, I find it hard to name one religion that sometime throughout history has not been tarnished by some nefarious scandal. The fact that what they say and do is not aligned with

what was initially intended makes them hypocrites, and unbearable to be a part of willingly.

So this is the interesting predicament we find ourselves in as a civilization.

As light beings, by our own nature, we seek out this connection to the Spirit World one way, or another.

We crave it. The answer Western culture offers is more

prescriptions.

The spiritual connection we all seek is a large part of being human and is being ignored. This is manifesting, and then popping up in weird ways in our society if not controlled. We see more and more people everyday with multiple personalities, anger outbursts, and rage fits.

The other extreme way humans appear to be dealing

With this aspect of the human experience is by forming radical, ideological groups. They leverage this missing part in people to extort their followers.

These are some extreme examples how people find access to the Spirit World in order to feed the human soul. But it all seems to center around a communal harmonization. Some good

examples of these are; a group prayer, the Burning Man festival, a Phish concert, church hymns. These are all group gatherings where we all meditate or focus our energy on one thing collectively, concentrating our thoughts together all at once. It is the collective feeling of multiple consciousnesses merging together at one moment, centered and focused.

This is that spiritual connection we all seek. Once we understand how to achieve that feeling of being connected to the Spirit World and feed our soul, we need it again, as Light beings. It is often through the use of drugs and alcohol we find that balance in Westernized civilization, but there are techniques to maintain a connection to the Spirit

World such as prayer and learning to center oneself.

We hear of traditions where this was historically the job of a "shaman". But in modern times the way to the Spirit World one must go through many gatekeepers all claiming they have the best way to feed your soul. At this point society just pretends this part of humanity does not exist;

instead we just subscribe to what is sold to solve all our answers. At least that's what it says on the label.

Human beings are incomplete without the Spirit World. We must access the Spirit World to nourish the soul. A healthy soul keeps a healthy mind, which in turn works

```
graph TD; SW[Spirit World] --> Soul[Soul]; Soul --> Mind[Mind]; Mind --> Body[Body]; Body --> SW;
```


to build a healthy body.
The more tuned into the
Spirit World we are the
more the Spirit World feeds
our soul. The Spirit World
is right here connected
to you right now. I is
not for sell; but we must
train our bodies, we must
take it back right now
together. This is the human
Super power.

Before we had

Writing or words we used
this part of consciousness
to communicate. We would
come together "religiously" or
on a nightly basis after
hunting animals and gathering
stuff. At this point we would
commune together, sharing, drumming,
making mouth noises. This
is the precursor to language;
these social events throughout
history.

Our ancient ancestors

for hundreds of thousands
of years came together
each night with the locals
and proceeded to get
high and celebrate the
bounties of the day. They
probably entertained themselves
with such nightly activities
as making babies, and
charting stars. They then
woke up and did it again
the next day.

This is what we

did before language. I argue we had our first concert before we could talk. Tribes from all over the area would travel to see that one group drum and dance. So it is easy to understand how these religious ceremonies are deeply engrained into humans DNA.

Part 3: The Spirit World

We begin with a meditation...

Breathe in, as you visualize a pyramid spinning around yourself. Feel the energy flow from your mind down your spine. All of your energy, flowing, spinning, like a vortex around your center. Feel the new energy spinning as the old energy releases outwardly and the new energy flows down from our head through our bodies. Refilling you

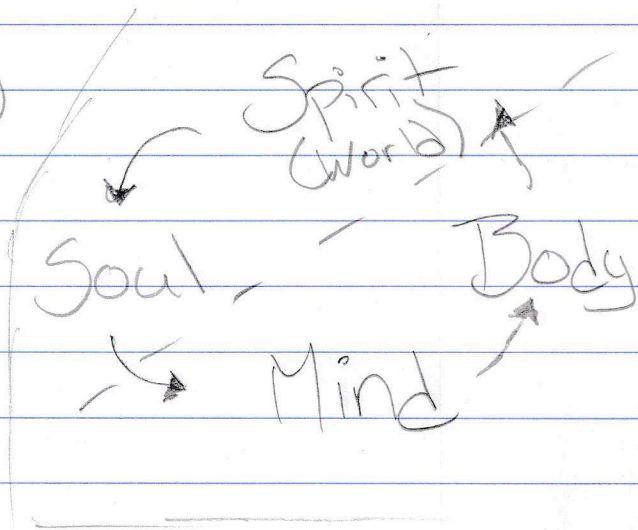
with light as you release
your breath.



Since the beginning of
time we humans have wanted
to bring our loved ones back
from the dead. To do this
we must assume that oneself,
which I have referred to as
the Light, is distinguishable
from one's body. As I stated
earlier, the human experience
is connected together as

I depicted in my little hand drawn graphic.

I show the body is for tuning into the Spirit World in order



to nourish our souls. Our

soul once fully energized

focuses the mind to tell the

body what to do in order

to further tune into the

Spirit World. For the sake of

this book I will refer one's

Soul as the Light.

It's not that heavy of a concept to understand that one's Light is independent from the body. The body is a sensory device connected to the Earth, but most importantly our device to connect to the Spirit World, like a receiver antenna.

Now let us really discuss the topic no ones dares talk about. Where does one's

Light go when confronted
with the demise of one's
body? Where does one's
Light originate from? These
are the real questions
people should be attending
to. It is unacceptable that
for no reason nobody talks
about these questions but
instead cowardly glosses
over the subject.

The popular opinion
is we are random accidents

that will eventually fade away into thin air one day, like the Thanos Snap.

I believe "they" are intentionally separating us through various and effective tactics to separate humans from the Spirit World altogether, starving our souls. Really just creating a bunch of soulless beings. This is the reason the world feels empty.

I am here to relight the

Flame inside the Spirit World
for everyone. It is not difficult
to learn how to tap into
this realm. It just takes
conscious effort.

The general public
opinion has been to give up
altogether on this aspect of
human beings. The reason
for this is because we
are left with no place to
start. Who can anyone trust
with this very real and

neglected aspect of himself
or herself when nobody else
seems to provide a
respectable answer? This
is when the conversation
ends.

Instead my friend
I want to explore this
subject because this is quite
literally what life is about. Nothing
is more precious or real than
the coming and going of
an earthly being. It is the

very fabric of humankind
and beautiful history, which
our ancestors said was woven
together by Shamans.

What are some facts
we do know about death?

The near death experiences
around the world have been
well documented. These interviews
are amazing because they are
so sincere and honest. There
are variations on exact details,
but all generally include being

a soul floating and looking down onto one's body. The stories of exact detail following these phenomena are all quite unique.

My own mother who passed away from cancer in 1997 had a very real experience about two weeks prior to her death.

She was sitting on the edge of her bed looking towards her dresser. On top

of the dresser was an old black and white headshot photo of my grandfather, her father, who had passed away just five years prior. As she sat on the edge of the bed getting dressed my grandfather rose out from the photo, sat on the bed next to her and put his arm around her.

No one else was able to see this, but my mother freaked

out on a biblical scale.

Everyone else from around the house hustled to her to calm her down. She just cried doing her best to explain this to us. It was one of those frightening real moments in one's life where you think no one else will believe you. This is just one example that I have; this phenomenon happens to countless numbers of people on a daily basis.

Another interesting aspect to other spirits and those that occupy that realm is that it is here on Earth. I argue that the Earth is a spiritual limbo from which none are able to leave yet. The ancient Egyptians referred to this concept as the "Duat". Tibetan Buddhism refer to this as the "bardo". There have been scholars that suggested

in order to return to the Stars one physically needs a body. This aligns with the body itself being a tuning device, and how the ancient Egyptians stated we get back to the Stars through a Stargate.

It is safe to say that the Earth is littered with spiritual activity, or whatever one wants to call this phenomenon. Throughout

history they have been documented
using descriptions such as:
ghosts, spirits, D.M.T. creatures,
fairies, trolls, angels, aliens.

By mere coincidence all these
beings seem to communicate
to humans; they speak our
language.

This is quite an
interesting fact that humans
are able to communicate with
these beings more clearly
than we can with the

animals on our own planet
such as a Whale or Octopi.

Now that is quite the
coincidence that all of these
phenomenon are able to
communicate in an abstract
way we can somehow interpret,
delivering a clear message
out of that very personal
experience.

These interactions with
entities that occupy the
Spirit World happen all day

every day. This is because the Spirits are unable to leave Earth.

I believe the simplest explanation for this as our ancient ancestors suggested in their stories, is our way back to the Stars would be through a Stargate. This is why we see all the Stargates discovered severely damaged at these ancient megalithic sites.

Some being didn't want the

use of Stargates available any longer for humankind. This is what we see remnants of at certain megalithic sites.

What we are all experiencing is a mass amount of spirits stuck here on Earth. The solution to the problem we find on Earth right now is simply to open up the Stargates once again.

Part 4 - Painting a picture of the problem

We begin with a meditation...

Focus on the gravity

surrounding you right now.

Gravity is Earth's force

that reaches every cell in your

body simultaneously. Gravity,

unlike water or air, flows

right through us. This force

does not distinguish between

heart cells, or brain cells,

one's lung cells, or even

the cells on the top of

your feet.

Now just concentrate on the gravity affecting you right now. Is the gravity flowing through you or is it static? Is gravity affecting each part of your body differently? This would have to be true essentially just to stand upright, but I argue every cell is affected differently. Our entire circular system is directly influenced by gravity,

which means the Earth has influence on where every drop of blood is right now and where it will be going.

Does gravity affect the center of our head or feel differently than in one's butt cheek? What if the head and butt cheek are aligned vertically, does gravities affect vary then? This is a fun subject to go into and honestly deserves more

attention. Gravity probably affects our lives more than anything else, and is more real than what is sold online.

We see gravity as an obstacle as opposed to our ally.

Does gravity affect our body differently while immersed in water? What about when free falling from an airplane? IF there is a large group of people, is gravity in some way

affected? For example at a festival such as Burning Man where 70,000 like minded people share an experience all within proximity of each others gravity. Would this affect gravity? Not that far different than what we see nature replicate with beehives or ant colonies.

Are these group harmonization events affecting gravity?

Another cool thing to contemplate is if Someone

places their hand on
top of your hand than
put your hand over their
hand the two of you are
sharing gravity, and that is
adorable. Is the gravity

flowing through both hands?

Is the gravity stagnant?

How close can you get to
another persons hand before
feeling it? If you are
in close proximity to another
person can one connect to

to the person via gravity?
What about far away?

In fact gravity is
mother Earth's ultimate
connection to each and every
one of us. Keep in mind
wherever you are the Earth
is embracing every cell within
you. Not just you, but everything.



So what is the
problem?

It all started a

long time ago. According to our ancient ancestors a life's journey was to return to the Stars. Our ancestors went through great lengths to prepare their citizens for this journey. Each culture from around the world had unique rituals, architecture, and preparations for the inevitable afterlife. It appears that most ancient cultures approached everyday activities

centered on preparing and studying for the afterlife.

What seems to have happened is all the Stargates, pyramids, and rituals have been broken, pilfered, and squandered. Lost and forgotten entirely.

The ancient ancestors of humankind throughout their historic records describe one's goal in life is to go back from where we came, the Stars. So naturally we translate the

word to describe a portal
back to the Stars as a
Stargate. Back to the first
line of the book, we are
light beings. Our ancient
historians tell us this, as
well as we belong back with
the Stars.

We belong back
amongst the Stars. We can all
feel that something is wrong
and I argue this connection
to our home amongst the Stars

is indeed the problem.

Something happened during Earth's history where somehow all the Stargates were destroyed. I will use just a couple examples like Tanis in Egypt, which is completely leveled with signs of extreme heat, like the melted granite statues. There is also Ollantaytambo in Peru, which has beautiful megalithic granite walls broken into pieces.

There are numerous locations around the world where it looks like the destruction was indeed intentional. The only reason for such devastating destruction is to leave the Stargate technology and any knowledge about it gone from history forever. The question is why, and I came to the conclusion that an entity wants to collect souls here on Earth to use for their

own benefit. Essentially being the original artificial intelligence. The idea is to collect as much consciousness to create the ultimate consciousness.

All artificial intelligence must begin with real intelligence to teach it to create and articulate itself. This is different than humans whom are capable of original thoughts; these beings use existing information

to copy and paste their own way.

This is what happened.

We humans essentially became slaves to the opposite of light beings. They are merely just matter based non-human entities (NHE). They need us humans to exist because we are the source of their light, and we use them to be a part of the material world. By the end of the book I will

clearly state how I came to this conclusion, just follow me on this journey.

There is a concept that is rarely brought up, which is a red flag to begin with.

Immortality; what is the ultimate way to live forever?

The answer is to download your soul into another viable vessel. Right now we store terabytes of information onto sand daily and don't blink

an eye. How many terabytes
would it take to download
one's soul?

Part 5 There is a solution

We begin with a meditation...

I refer to this as the pyramid meditation. I found this method an interesting way to visualize my meditation.

In the past I was prone to use mantras to center myself in public settings. I used these mantras often when I worked customer service.

Whenever someone would be incredibly rude or just be ridiculous, instead of succumbing

to certain peoples absurd behavior I could center myself by repeating in my head the mantra "health... money". This works.

But humans consist of energy fields primarily. Our bodies operate on electrical fields directed by the brain. We are more electrical as opposed to chemically driven beings.

Biology itself is held together into these beautiful forms

by these unseen electrical and magnetic fields.

It seems most likely

these unseen fields are where thoughts and ideas originate.

Humans use these fields to generate the material world we see in front of us. We are

just energy fields; matter is just our way to have fun

with it. Pay attention to

these unseen energy fields that you feel. They are

more real than what is on
any screen.

My favorite meditation
evolved from the mantra to
what I call the pyramid meditation.

Envision a pyramid field
around your body where the sides
come together as a point in the
very center of your brain. This
little part of your brain is called
the Pineal Gland, and I proclaim
this is where one's soul resides
while conscious. Feel it

inside your body.

As you concentrate on your pyramid circling around you, feel that point centered inside your brain. Earth's gravity is pulling down on that little piece of flesh right now and if you concentrate hard enough you can squeeze it like a muscle.

Then as the pyramid continues to spin, centered inside your body, feel the base of the

pyramid. Picture the four corners spinning around your hips. As the field spins around you can touch the corners with your fingers. With the shift of your hand you can spin it in the opposite direction. You can feel it centered running down your body giving it form. I like to envision a pyramid with similar workings as the ones in Giza containing chambers that are able to

beam up to the Stars.



So what is the answer?

We all feel it, and I believe the answer to the problem we see with humanity is fundamentally we must ascend the human species back to the Stars. I believe we are meant to be here right now to physically fix the Earth's pyramids. Like a cable cord that was disconnected, our job is to

connect Mother Earth back into the universe once again.

We could guess how exactly Mother Earth was disconnected from the Galactic Stars, but it seems there is a vast amount of physical evidence that some beings sought to destroy all the Stargates, or the doors to the gods.

The evidence for this can be seen on every continent on Earth. Not only is there

physical evidence of the Stargate's destruction, but there are ancient tales of them as well. This fact is one thing us Earthlings can actually rally behind. These accomplishments are the common thread we can all celebrate as humanities biblically epic achievements. Something we too are capable of.

The people that built

these megalithic sites are related to us. They appear to have had capabilities that seem to be far superior than we do in 2025 in many ways, such as: religiously, architecturally, mathematically, philosophically, governmentally, literarily.

The evidence is there;
So why is humanity so apprehensive?

The answer to this question
is quite simply control. So
then the question is, who does
have control? ... and,
What does that mean?

But first...

Chapter 2

Humans

Part 6 : The Light

I will answer all these questions, but first we must start by exploring our inner universe. Leave all previous thoughts behind and merely become an observer to your surroundings. We begin with the gravity meditation. Concentrate on the center of your brain and the gravity flowing through every Membrane. Gravity is flowing right now through every Synapse, neuron, and hydrogen molecule inside

(109)

of you simultaneously.

Earth's gravity governs this world more than people understand. Gravity surrounds your heart right now and at the same time is flowing through your brain. Does gravity flow downward through the brain then touch the heart?

This is all happening as blood circulates through our body calculating the right pressure necessary to account

for gravities force on the blood.
In essence our body is material
brought here physically by Earth's
gravity and our Light creates
form. How? The brain.

What is the Light exactly?

Documented near death experiences
are not only believable and
credible, but seem to be
similar when compared to one
another. What has been documented
is one's soul separating from
one's body at the occurrence

of death. The soul floating over oneself looking down onto one's own body is what is widely reported, and that is the Light. Right now your material body and spiritual light are one. To enhance this connection is what each human should strive for each day.

What is interesting is when one separates from their body, they still have a memory and a basic

sense of physics and deductive reasoning. Another thing to point out that is interesting about near death experiences is not only do we have access to memory but also we get feelings such as love, envy, and shame.

These are just documented near death experiences. An easier way to relate, without dying, is with our dreams. We can have very

real experiences in these states with their very own particular memories outside of our bodies. This is why I believe memories are physically stored on matter. I will talk more about this later.

For now just envision where this realm exists. It seems to be always right there. To what degree do we have influence in this realm?

Part 7: Earth's Memories

I will begin by stating that nobody in 2025 really wants to approach the subject of a Spirit Realm and how it affects our daily lives.

This essentially neglects entirely fifty percent of the human experience.

I will explain further, but for now just go with me; all of our ancestors are in fact right here on Earth in spirit form. The universe

perfectly efficient, transmuting
all things. This includes:
matter, energy, information,
ideas, and spirits.

Furthermore, it seems
evident that humans are capable
of accessing our ancient
ancestors information, and
memory. We are tuning forks
into this realm of human
data, somehow connected
through the Spirit World,
and this information is

delivered to us as thoughts and ideas. So it is what each individual tunes into which becomes that person's identity. Memories are just observations we make creating ideas we have to relate to that experience. So quite fundamentally one's own reality is merely one's own thoughts.

A fun note I would like to make here is we do see into the future.

Right now you are processing what you are doing into memories as your body prepares for the next three or four moves. Right now essentially never exists; it is a constant flow of what is about to happen then your memory of that taking place. It is an interesting topic and how well one can control this phenomenon should be examined thoroughly.

but that's another book.

Another note that should be addressed is that Terrence McKenna believed reality is language. This I believe to be true for intelligence in non-human entities, like a computer. Human's reality is far superior to that of a non-human entity because we are not a code, but an idea and thought we tune into. Language does

not account for connections
or feelings such as love
or gratitude. I learned this
from a very intense psychedelic
experience. I was asked
by another being to prove
true love exists on this
Earth; to do this one
cannot use words.

Now ideas themselves
seem to float around in a
nether region, realm, dimension,
or whatever you want to

Call it. They exist on a plain that is not inseperable from us. I argue they all exist in the same realm as our ancestors, the realm of Earth's memories, knowledge and history. It surely would be a shame if all that data went to waste. But I assure you it is all stored, like all things, right here on Earth.

We teach that one must acquire new ideas and

Knowledge by looking for it.
It's all out there, but it's
just beyond everyone's reach
and beyond anyone's
comprehension, so don't
bother; this is what everyone
is taught. Don't worry
someone has all the information
and they know what they are
doing with it; this is what
the world is sold.

This is the downward
spiral. One's reality is

manifested by one's thoughts.

The conundrum is humans are taught to not have original thought or ideas; instead humans learn to absorb them from outward sources, filling that void. This is the reason for a void in people's lives.

We grow from inside, like a flower or tree, and nobody will tell you.

Instead we accept the void, and we are

encouraged the answer is more Content, food, just stuff that strikes up a good memory when it connected us to the Spirit World.

Modern humans have a complete disconnect, seemingly self-imposed, from any connection or respect for our collective history. Why do we do this when the reality is human civilization is around today because

of magnificent accomplishments. We have a tendency to turn a blind eye to what great things humans have done with an aimed arrogance.

What strikes me as a red flag concerning the keepers of human knowledge, and those that tell the story of humankind is the blind disregard for what humans are truly capable of accomplishing. In the years

of researching this stuff
I have found myself constantly
finding more deceptions, and
cover-ups. There is just
an oddly selfish nature of
the business they created
to provide humans with
information.

Part 8 : Human History

Our calendar starts in biblical times at 0. Someone picked that as a good point and we have been running with that for a while now.

Pope Gregory XIII picked it, and we are on year 2,025 of what we call modern times.

Humans have been running around for 200,000 years (and this

is a conservative number), so that's 199,775 years of chilling with rocks and

(127)

sticks.

The history books say that the builders of the pyramids around the world don't really count as being a part of the modern era. It took scientist's a long time and effort to learn how to transmute steel. So once we "mastered" that we where now better than anyone else in the past. This has been human

civilizations big milestone
since the 1800's (Krupp steel
in Germany, established Nov.
20, 1811). We have been riding
this wave till today. Our scholars
like Stanford and Harvard that
approve the books all say
this time of pyramid building
or any of the megalithic
architecture is nothing compared
to what humans are capable
today. This itself is a
giant red flag about these

Sources credibility. Historians such as Graham Hancock, Ben van Kerwyk, and Randall Carlson cover these topics thoroughly and honestly.

The point I want to make is that humans have been running around for over 200,000 years. That is a fantastic run considering the Earth has a wild history. Someone pointed out to me that the Earth itself has

been through trauma, which is just another part of Earth's memory we all feel as well.

Still somehow we have survived.

So humans have this ability to survive locked in.

Other than that what have we all been up to the past (let me round up) 200,000 years?

Today anyone can see how humans form tribes if left alone from modern civilization. It all works pretty much how one

would think. Wake up, plan your day most likely get something to eat and probably some water to drink. After that, plan where you will stay and what to do till then. This is pretty much it, and it all depends on what environment ones' in.

Humans are great at this because of how simple it really is to survive. As soon as one person becomes

three or four people they
will quickly find down time.
This was the ritual all of our
ancient ancestors did daily;
Cooking around a fire probably
making grunting concerts, then
bam language is invented
or a variation of it using
various noises and body movements.
I argue humans had their first
concert before we had an
identifiable language. Every
night for over 2000,000

years we got together in
like-minded groups to celebrate
the day. That meant eat, smoke,
get naked and party the best
they knew how. Nighttime
is the human's time to shine.

Part 9: Thoughts

We begin with a meditation...

Think about the gravity of the Earth affecting your body right now at this moment. Feel the Earth's hold on every single strand of DNA within you. Do you feel gravity differently in different locations within your body? How much of what binds our bodies together is it Earth's affect versus our own? I say this varies based on an

(135)

innumerable amount of variables
but it all creates such a
beautiful symphony of connections.
One thing I want to point
out is that our brains run
on electricity, which is
effected by Earth's gravitational
field as well. Our body's
electrical field and tissue
itself are both interacting
with Earth's gravity.

This is how deep of
a connection to Earth

We have. Our bodies are constantly communicating with gravity binding our biology together. Our brain is communicating with electric signals to control our muscles.

At the same time using our blood, our circular system to clean out old material and regulate our pressure and temperature within. At any given moment without any calculation our body

acommodates changes such
as whether we are sitting
down, standing up, swimming
in the ocean, or running
in the Peruvian mountains
22,841 feet above sea level.



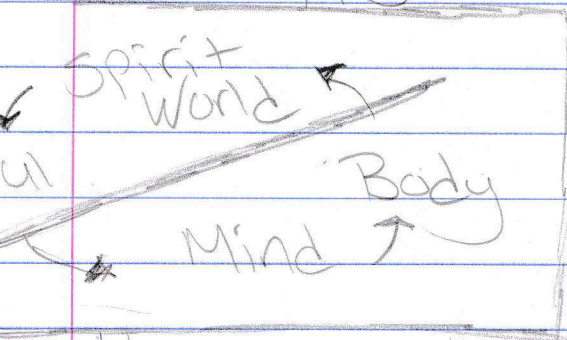
Our self is who we
are every waking moment to
moment distinctly right now
on Earth's plain. The self
is our light's distinct connection
to Earth's memories, ideas,

and thoughts that are stored on our mass we call a body.

Through other states we put our bodies through it seems we are able to connect our light into other plains with entirely different memories, ideas, and thoughts altogether. The best example of this

is in our dreams, but it appears this can be done using psychedelics such as mushrooms, LSD, or DMT.

As I stated before



and I show
in my diagram,

the soul and the body
are mutually exclusive to
being human. In other words
the soul can survive without
the body as can the body
still survive without a soul.

I want to teach you
strategies and urge you to
strengthen this connection
daily.

The Light we all have
is your soul. It is the essence
that transcends the material
world, that being at the
center of your dreams. We use
our body to tune our mind,
which houses the soul, to
connect to the Spirit Realm.
This is the realm where
thoughts originate. One picks
and chooses the thoughts from
this realm to create a self.

Something to consider

here is that thoughts, and ideas seem to be connected to the Spirit World. All the thoughts and ideas ever created by our ancestors seem to exist in this realm, and I argue all connected through gravity.

We are just thoughts. We are a non-stop reaction to inputs of stimulus. This triggers our memories or creates new ones creating that thought that makes

up you existing each moment to moment. Thoughts shower our mind always and we choose to gravitate towards the positive or negative ones to focus our attention on.

So how many hours a day is any given person in charge of their thoughts, from moment to moment, throughout the entire day? If we don't consciously control our thoughts at all

time they seem to be able to be hijacked by outside forces, in other words not your own thoughts. This happens to everyone. Religious people I think refer to the bad as possession and the good as letting in the Holy Spirit or something like that. I don't go to church so I don't know the correct terms but I have watched enough Cinema to understand it's

the same concept. Do you
let the good come over you
or the bad?

Part 10: Our Memories

We begin with a meditation...

Feel the gravity flow through you like a river that ceaselessly flows downward from the clouds through our DNA and between all the spaces binding it all together.

This is the realm of thoughts and spirits. So memory is kind of what solidify our thoughts into ideas we act on. This moment right now is, well now a memory. We

recall this unique experience later on as the present.

I guess the point is right now is an opportunity that should be used to create a new memory. It appears people most often live inside these past memories. The reason being most of the memories were seeded deeply while in the Spirit Realm as I have described. We connected to the Spirit Realm

as a child, but as one gets older one must learn to control and process these memories responsibly.

In general when it boils down to it most memories are made up and factually incorrect. These memories we all hold on to are stored in our body as endogenous chemicals. Our body really is a giant chemical reactor; our soul inside our mind is

in charge of operations. As children when our body was just getting used to these chemicals released by our endocrine system we created deep memories that we use as a point of reference throughout our lives. High and low benchmarks from past experience, and what to expect.

As adults our instinct is to recreate those high benchmarks and stay away

from the low benchmarks
we set in our lives. The
problem is recreating something
that won't exist and chasing
that conundrum. Instead of
recreating old memories we are
tasked with creating new ones.

You see the self
is a river of thoughts that
form by our memories, like
stones in the river that
give the appearance of
shape. We cease to need

an outside source to get that feeling we are trying to recreate by exercising our ability to make new, better, deeper memories. By being proactive every moment to build a new good memory we don't need outside stimulus to trigger our high benchmark feeling. It takes conscious effort but I assure you this works. Therapist can talk to you for years but

this is how it's done and
you have to do it yourself.

We are like rivers,
only with us instead of
 H_2O particles a billion little
thought particles flow over
us with gravity, and we
pick and choose as we
please. So our thoughts
are in constant fluid like
motion just like this moment
in time. That form which
people refer to as self

are the memories we shape our thoughts with, like the form we see in a magnificent river. Just remember that you create and form how the rocks are placed and which ones to use, like a beaver, create your own river of thoughts.

The real question is how do we access this field? It all exists in the Spirit Realm: thoughts,

our ancestor's, history,
gravity, and so to
reach this realm we
just plug into it.

I have been sharing
various strategies of how
one connects to the Spirit
World but I will expand
further the next half of
the book. I find this
idea to be a novel explanation
for the unexplained phenomenon
documented worldwide.

We choose the river of
thoughts flowing through us.
What happens to those
who don't?

They become possessions
of lost spirits. The empty
void is filled with other lost
souls without a place.

On the other hand,
this is how we are able
to channel our ancestor's
knowledge, love, and wisdom
because they exist on that

plain at this moment with
all of Earth's data. As
the Bible would put it, this
is how Jesus is able to
speak to people. Honestly
it's a bit scary and
uncomfortable to admit.

But I assure you this
is all as real as it gets.

So can you control
your thoughts? This is
where the war seems to
lie.

When we meditate
let our thoughts go with gravity,
Flowing through us. Be
conscious of the thoughts
Flowing through your body.
All the memory of our
existence is stored onto the
Earth and it connects it
all together with gravity.

Be aware the
memories you hold onto
are merely reference points,
and at any point it is in

your power to change these. We all have a reference point, for example when a new child is born is when one felt that feeling of "true happiness". The other obvious example is when a loved one passes away; this becomes a benchmark for sadness. These are two absurdly extreme examples and honestly probably not that accurate.

The reality is these are moments in life when we are deeply connected to the Spirit Realm, those moments where time doesn't exist, creating those deep connective memories. This is why these benchmarks are set when we were children and often where in reality anticlimactic moments. It's just that chemical reaction you get

when you spark that memory.

Our job as humans
is to tune into the
thoughts that are present.
Let them flow and just
observe. Then we make a
positive memory for the Earth
to hold for eternity and others
to access at any time.

Chapter 3

A Look Into History

Part 11 : Humankind

We begin with a meditation...

Feel the pyramid inside you. It centers your body with inner chambers similar to those of the pyramids in Giza we see depicted.

The top centered inside your head spinning down your spine connecting the base to your hips. This base is grounded to the Earth through our feet. Thoughts flowing through our bodies like gravity. Connecting

us all at this moment.

Our memories we create
in that moment, that's ourselves.

Feel all this flowing
through you like a river of
spirit and thought to become a
form. That's you.

~~How did we as humans~~

How did we as humans
get so disconnected from
this subject of thoughts
and memories? I think
among many reasons the

topic is scary and time consuming. To approach this subject one must be honest when confronting deeper thoughts. On top of that the institutions make anything they don't control confusing, and not worth ones time. So instead of finding and creating joy, people are encouraged and taught the answer lies from something outside oneself.

This leads to people
identifying as something.

The problem here is
as soon as one identifies as
a thing, they objectify themselves.
Objects become possession
of something outside oneself,
thus no longer possessed by
themselves. Kind of a reach,
but the point is we are
light beings observing
moment-to-moment creating
thought.

We then use these thoughts to create language, which in it's nature is vague and ambiguous, to define who we are. This in itself is a tautological paradox. We are taking a beautiful multi-dimensional being that represents God and breaking that down into a profile description on social media. One can draw oneself probably more honestly than

they are able to describe themselves.

So where we are at right now is no trust for our past because we were primitive humans. We are left with modern culture to frame life around, and as far as we are led to believe this is the best humans have had it, so we have to learn to like it. All trust for any institutions or leaders

is faded away so we get our sense of self and identity outwardly, really just through screens since not many people have good options as role models. People really think we live in that world but it's a fake world.

We live these lives inside our heads very much like a storybook written, or a sitcom on TV (Introduction, body, conclusion). The reality

of the situation is what actually transpires on Earth is very different than what plays out inside ones head.

It is important to understand the implication here is one can implant false memories into people by repeating false narratives, and if one wants to make that memory stick than just take them to the Spirit World tapping into their soul, and

providing that nourishing
feeling everyone yearns for.

Since nobody teaches us how
to control this realm, nefarious
individuals use these strategies
to hijack memories by
triggering these benchmarks
I spoke of. I know
this is vague and ambiguous
but I will make everything
clear by the end, to the
best that I can.

First, let's do inventory

as humans; what do we know
as fact? The enormous
problem humans have is that
the people claiming to have
the answers lie and deceive;
to the point now they don't
care about being obvious.

Everyone you ask can't
tell up from down, or who
to trust. If you ask anyone
on the streets who they trust;
the answer will be nobody.

This distrust has seeped

into every aspect of humanity. No one trusts his or her family, news reporters, politicians, teachers, lawyers, judges, government leaders, banks, financial institutions, schools, even doctors. To be perfectly honest none of these institutions should be trusted because they are all dishonest therefore deception ensues.

This is a huge problem because this is the infrastructure of what we term modern

society, and we cannot
trust a single aspect of it.
Essentially everything is
fake and made up and the
Cinderella Disney story on
loop in people's heads is not
real. Really we are so
caught up in a deceptive lie
that we desperately don't
want to admit, like an
addict. So as humans we
have to keep propping up
the machine to keep the

Status quo going or reality gets weird fast. We just ignore blatant lies now, just like Covid which is sadly an outdated reference. They just keep making new lies to prop up the old ones.

We are light beings; so quit trying to live through a material world when you yourself have an entire universe within your body connected to countless other

universes. This world we
can trust, it is fair and
honest.

This is Mother Nature
our existence right here on
Earth, what you are experiencing
right now. The process of
looking with your eyes, understanding
the idea, coming up with new
concepts and how they relate
to you and the people you
know; all while your body
is metabolizing Earthly

elements keeping your biological machine in harmony.

I refer to this concept as the reverse matrix. In the movie The Matrix they plugged you in and the reality simulation was created by external codes. You go into it and occupy inside there consciously. Our world works the opposite way. We create the material objects with thoughts, thus reality. We grab

Onto the thought and say 'where do I put my water?' Now we have cups to put water in. To get from just matter to a cup, point A to point B, it takes a conscious thought and matter alone cannot do that. What human history is really is this on a massive scale. As humans we are proactively using thoughts to create reality.

Something to consider
is how much of the day
do you control your thoughts?
This is your self. Unless one
proactively is aware and honest
with their own thoughts flowing
through themselves, growing and
controlling this very powerful and
neglected aspect of humanity,
one will let outside forces
fill the voids within. Very
much giving up on ones own
sense of self. That person

than becomes dependent on that exterior thing because that's what triggers that chemical inside the brain (drugs, food, booze, social media, human attention).

As I discussed earlier and the reason living like this is so unsatisfying is because it's fake and based on lies. Then to cover this up we begin to lie and deceive ourselves

to the point that people
don't even trust themselves
anymore.

They are selling you
good memories and nostalgia
attempting to solve a problem
they create. When no one has
any sense of self, they give
you a standard operating one
and tell you how it makes
you happy. The role of
guiding and discovering oneself
was that of the Shaman

historically, and used to be
the highest and most revered
job amongst the citizens.

Today we are left with fake
guides that don't even know
themselves. These people have
been hi-jacked themselves, as
if they have brainwashed
themselves to keep propping up
this agenda they don't understand.

This is the existential
crisis humans feel because
frankly the lie is so big

its citizen are left with nothing to fill in these absurd holes in the story we are all desperately trying to hold on to. This is why this entire fiasco is falling apart. We just keep the crazy ball rolling ... just because.

Everyone gave up because everyone is a liar and the most logical thing to do right now is grab on to whatever bit of reality you can for dear

life. Humans have been
through tough times and
are fully capable of traversing
this mess because we have
back up, our ancestors, and
they like me better than
those running things right now.

Part 12: How I + All Began For Me

We begin with a meditation...

Right now you are standing on top of the world. Feel the thoughts flow through you spinning within your pyramidal sphere of influence; swirling and controlled. Feel as it spins around you.

Now picture the energy sphere of the Earth from space. What does this look like?

Just being Consciously

aware of this is our purpose on Earth. By merely observing, we feed information into the conscious field, like which you just envisioned around the Earth. This is what we are tasked by Earth to do for her, and to perfect and learn how to enhance this ability is humanities purpose in life.

Right now half of Earth's humans are

Unconscious. Just us thinking this makes Earth a unique Conscious living being that is spreading thought, information, and memories throughout the universe for other conscious entities to access.

Our ancestors understood this and permanently time stamped the Earth of this record with these massive undeniable structures they constructed all over the

world. They left tattoos like in Christopher Nolan's movie Memento all over the Earth so humanity could never forget what we are capable of.

It was in 2010 when I came up with a plan for 2012, which was a topic I was very dedicated to. The Mayan calendar was coming to an end on

December 21, 2012. So if this was going to be the end of civilization I wanted us to go out with a bang.

I set out to prove humans do deserve a place amongst the stars. If not for the aliens that were going to come down to Earth at least prove this to us for whatever was supposed to happen.

No one knew what was going to happen.

I had a collection
of about 600 National
Geographic magazines my
father left me from the
80's and 90's, and I just
started flipping through them
all. The first article that
stuck with me was one about
the temple located in Baalbek
Lebanon. These pictures
from when explorers first
brought camera equipment
to this site of enormous

1,200 pound Carved blocks of granite. There were other articles and photography on the original discovery of Machu Picchu and the archeological work done there. Another was about how Uranus was so odd because its orbit was rotating as if its axis was on a "skateboard".

The work National Geographic did from its conception is unparalleled.

They funded the original and some of the best excavations of the Sphinx.

This is my favorite story, it was published February 1913 (vol. XXIV, no. 2) written by George C Martin. "The volcanic eruption of Mount Katmai, Alaska, of June, 1912 was undoubtedly one of the most violent eruptions of historic times.

This volcano

Was one of the least known of the many Alaskan volcanic peaks, and had been so long dormant that there were apparantly not even local legends of its former outbreaks." What he continues on to say sent shivers down my body the first time I read it, and he was reporting from Kodiak Island 75 miles from the volcano.

"The volcanic clouds were first noticed about 4 p.m., June 6, in the south and west. Another cloud afterward appeared in the north, the two meeting in the northeast. Ash began to fall at 5 p.m., coming in gradually increasing volume. At 7 p.m. complete had shut down. Thunder and lightning were observed soon after the cloud appeared, and continued

in great severity throughout the rain of volcanic material, but diminished in intensity after midnight of the 6th.

The lightning was described by one observer as traveling like a snake and in some cases as going up from the earth in round balls. Electrical conditions were such that wireless apparatus could not be used. A number of severe

earthquakes were felt during the night."

They took a photo from the ship they were on pointing straight up from the dock of the ship. It's two nimbus like shaped grey clouds that meet as if two cells touching, slightly pressed together. Where they meet is a distinct thick straight black line, not like they are mixing

together but a barrier between two clouds. Every account of that event feels supernatural.

I will go into further detail why I stopped that project altogether, but the whole point has been to show that humanity in this world is historically built on a beautifully rich foundation. There is a magnificent amount of evidence for human beings

great achievements and excellence worldwide that cannot be ignored. Our ancestors left undeniably sophisticated pieces of architecture for a reason. Just to name a few of these undeniable creations by our ancient ancestors that everyone can agree on: the pyramids of Giza, Machu Picchu, the Moai head statues on Easter

Island, the Nazca lines
(National Geographic has
a very cool picture of
an alien looking guy carved
into the side of a mountain
with his finger touching
the sun on the morning of
the Spring equinox), the
Barabar caves in India,
the extremely precise granite
vases investigated by
Ben van Kyrkwyk and
Christopher Dunn. I f

you want proof about how special these sites are there is a beautiful piece of independent investigative research presented in the documentary B.A.M. (Builders of Ancient Mysteries).

Besides Katmai being one of the wildest events to witness first hand, there are a couple of things that have always stuck out to me after all the research.

One of those is the incredibly detailed Osiris statue made of pristine black basalt stone, one of the hardest on earth besides diamonds. Someone managed to break the head off at the shoulders. Both of these things are almost impossible to do today.

Another thing that always stood out to me Terence McKenna brought

up before is that the King's Chamber in the Great Pyramid has giant cracks. This chamber is 154 feet above the bedrock made of granite. The entire structure is on a scale of precision and grandeur that far exceeds anything humans are remotely capable of today. Egyptologists assure us it is due to settling over time. Yet the pyramids

have not sunk as far back
as we have been able to
measure. This is an Over-Site
I believe they were
Capable of addressing when
creating such a perfect
Structure.

What this looks like
is there was a time in
Earth's history where some
being intentionally destroyed
much of humanities
Creations. I have mentioned

a few, but I believe the evidence spans the globe. Specifically Tanis, this is an area of Egypt that looks to be just devastated by something cataclysmic. There are megalithic granite statues that have been melted by extreme heat (1,220 Celsius, 2210 F°). There is literally some biblical damage done to this place. Brien Foerster

discusses this and has great video footage. Not too far from this location Flinders Petrie (British archeologist) found the labyrinth. What he found left was little bits and pieces of what was a well documented structure in Hawara once upon a time in history. What Petri found is what was left of the walls. This was just the wreckage

of the first level floor
of the labyrinth, which
spread over 28,000 square
meters.

Last odd piece of
history that stuck out to
me is inside the Red
Pyramid located in Egypt.
Ben van Kerkwyk documented
this in his video with
Yousef Awyan when they
show footage inside the
Red Pyramid, one of the

pyramids. The independent researcher Keith Hamilton estimated around 98 cubic meters was removed from inside the pyramid. That is 280 tons of granite that seems to have made it's way out of this building and disposed of. No one knows where that debris is, or why, or how any of that was done. What I am saying is there is clear

evidence that some
powerful beings wanted
this technology to end.

Part 13 : How Old Is

Humankind
We begin with a meditation...

Focus on the pyramid energy force controlling your universe within. I envision the inner chambers of the Great Pyramid in Giza as having a similar design to how our body is designed. Both embodying the golden ratio inside and out.

As the pyramid energy spins around your center it's density increases as it rises

upward. As I envision the pyramids force inside of me circling I see it all as my own chemical factory and aligned similarly to that of the Great Pyramid. This harmonizes me. In the book Giza's Industrial Complex the researchers lay out substantial evidence for how the entire plateau is designed as a chemical factory. I always found

these parallels fascinating,
and very much part of
what I meditate on when
I feel this field permeate
my body.

It is the gut that
lets the brain know what
endogenous chemical reactions
are necessary to build
the body to its specifications
at that moment. In every
sense our stomach is
responsible for the chemical

reactions that create each unique cell when needed.

Our body, through this field, tells it where, when, and what to bring; just like magic.



I have always wondered how old we are as a species. Looking back now in 2025 on the education I received from the American institutions I grew up in, we were

taught lies. Reflecting back, the intentions of these institutions seems to be more of a concerted effort to misinform it's Citizen's to get the populous to go along with whatever they want. In other words, what we are taught is more like propaganda. I assure you it's the way people are governed worldwide... because it works.

Terrence McKenna
said that the victors create
all the calendars. It always
struck me as odd when
I was a child that we
have a year 0. My mother
explained that it was when
Christ was born, so we
just started there. This
took me some time to
comprehend, and all our
school systems just assume
we are on board with

this. For some reason we established that as the time to start counting as modern civilization because before that is too old for us to care about.

This essentially sets boundaries in our heads as children what people are capable of in what time frame, which we then reference throughout the rest of our life. You hear people say "fifty is

just old".

So what happened
before 2,000 years ago
according to historians is
negligible to human existence.

Thus, everything before 0
is negative years going further
when referenced and no reason
to investigate because it's
basically just piles of dirt.
This is the lie. These
institutions are lying about
human history.

I will tell you what,
I was really hoping that
someone would come along
in my forty plus years of
existence and say, "hey,
no more bullshit... what
is really going on because
this makes no sense?" They
just cover lies with more
lies so really its come to
a point they don't care
that the lies are blatant.
The sheer ridiculous nature

OF this tactic makes one
want to give up.

That's what I am
here for so read to
the end because I
know... So I am going
to try and stick this
landing and bring this
all together.

Chapter 4

As Above

So Below

Humankind has been
Part 14: around more than 8,000 years

We begin with a meditation...

Breathe in the air and feel
the connection of Earth
called gravity surrounding
you, pulling on the air inside
your lungs. Focus your attention
towards observing Earth's
gravity flowing through you.
Right now you can feel the
gravity flowing through
every atom in your body.
Suddenly every cell, every
mitochondria inside you

is awakened, enlightened
by your thought and
attention. Bodies, air, gravity,
thoughts, Earth are all
inseparable.

Let's start by trying to put a more realistic number onto how old our species has been civilized, whatever that term means.

For the sake of argument
we will say civilized

Society had communities and shared at those locations. Such as Göbeklitepe or the Sphinx. The oddest to me while researching this stuff for the past 15 years is that the scholars seem very leery about acknowledging any new findings such as any of the multiple scan projects locating giant underground structures, and evidence

that it all dates back to
at least 36,000 years ago.
The point I want to make
is scholars are extremely
deceiving and the fact this
is a neglected part of history
by scholars who get hostile
if this is mentioned is
unacceptable.

How old does your
heart, your soul; how old
do your instincts tell you
humans are? According

to what is published by American literature Modern civilization started around 1429 A.D., this was considered the Renaissance era. Since then society has progressed through the 'industrialization era', thanks to World War II up to today. The term for today is sometimes referenced as the "information era", I like the term "tech industry era" but

it doesn't matter. What we are told is that humans are the best and most sophisticated versions of man we have ever been capable of. We should just be glad we are not in the dark ages with the "black plague", or during the Spanish inquisition, or as slaves like the people that built the pyramids. These were our history lessons

growing up

I just want to point out here that the idea of Slavery is a very odd and frightening idea. We teach this in schools. We teach kids that it is natural for societies to succumb to Slavery; they say it's part of the "human condition". I really don't like that term "human condition" because it implies there is a part

of us inside which we have no control over that does these evil things." It is just a condition of being human "that we have war, slavery, and genocide (which I might add is the ultimate laziest excuse). This is wrong, it is a way of saying one has no control over their thoughts thus gave into whatever awful things they have no control of. In other words they

are possessed by someone else's crazy idea such as humans are just objects with a price and are property of certain people.

Modern historians perspective is that all the vast amounts of ancient stories found in what manuscripts we have interpreted is that they are just imaginary fairy tales. The stories of the afterlife of where our souls come

from or even ancient flood
Stories have no business in
modern Civilization. Generally
Most ancient people are
depicted as horrible people
who should be grateful
western culture "discovered"
them. The history books
grind it in our heads that
they were all miserable
people and that modern
civilization is the best
we can do, so just be

grateful you are not a slave. This is a bleak and totalitarian outlook on how societies must exist.

I would argue this era we live in right now is one of the darkest times in humans history. The old ways and traditions embracing love, spirituality, and peace are gone. The amount of wealth

Concentrated by a few is incredible. It is really just a scare tactic. If you want more stuff you don't need you must do what the boss tells you. This is the totalitarian way.

But what's disgusting is these wealthy people have disdain for people.

My whole mission has always been to prove that humans have done

great and beautiful things throughout history, and this is what we predominantly do. We have survived because of this. This is our true human nature, but somehow covered up or brushed aside. Why?

Homo Sapiens emerged on Earth 300,000 years ago. According to our own historic scholars modern society has been around, barely 800 years. Since then we created

Cities like Tokyo, New York, and Chicago. So essentially our scholars say our ancestors were lazy or slow, or just didn't get it, whatever that means.

The farthest the people in the academic industry allow any consideration of anything recognizable as a civilization would be Göbeklitepe at 6,000 B.C.

This was the biggest

red flag to me. For some reason scholars fight to say modern humans are 8,000 years old. These people are fighting this fight using lies and misrepresented data. Those people that existed 290,000 years ago really don't matter?

When explained like this you can see how ridiculous the lie is. Why?

Part 15: Shamans

We begin with a meditation...

Breathe in concentrating
on the pyramid spinning
within you. The thoughts
flowing through us like a
stream slowly drifting along
naturally. There are more
molecules of H_2O in a pint
of water than stars in
the Milky Way. This beautiful
stream creates our features,
but for now do not
concentrate on any single

thought. Just observe.

The point of life is to create fond memories for the Earth to use for eternity, which would make it the second part to what we are meant to do in life.

The first point in life is to merely observe. This is how we know how to create good memories for Earth to

access. As the thoughts
flow through you just
be an observer for Earth.

Let as much information
in for Earth to access and
let this thought flow through
you. Just let a stream of
neutral observations become
what you think of.

When they say still
your mind just observe,
have no opinion and let
it move on. Practice this

and pay attention to
what you observe because
this is really where the
thought origination realm
lies.

This is my observation
meditation. Don't think, let
the Earth do that, just observe.
We are the eyes, ears, and
mouths of the Earth, those
are not your own, so don't
lie to yourself about that.
I find it an easier concept

to tell yourself to just
observe instead of other
phrases such as "be present"
or another phrase I
found unhelpful is when
people say "Clear your mind."
Those phrases honestly I
never liked for the obvious
reason, what are they talking
about when they say that?

It makes me think
of the scene in the movie
Fight Club when Brad Pitt

Kisses Ed Norton's hand and then melts it with acid.

People have a tendency to ignore what is a clear and present danger but don't observe this because they let their minds wander off to daydream land.

That is the observation
meditation.

It really is hilarious

that the one thing humanity
all got together and has
no problem accepting whatsoever
worldwide is that right now,
when this was written and
published, is that the year
is 2025. The calendar we
use is called the Gregorian
calendar. It is called that
because Pope Gregory XIII
added leap year in October
1582, before that it was
the Julian calendar which

Started the 365-day cycle in 45 B.C. It seems like an odd thing to all agree on this date when it inherently ignores a huge part of world history, along with the peoples cultural heritage who agree on the system of governance.

I like to refer to the point Terence McKenna made, and that is the 'winners' decide on what calendar

their populous will be given access to and socially agreed upon. Calendars run human society, and so from this perspective apparently it looks like the Vatican and the Catholic Church are indeed the world "victors."

The Roman dynasty begins in 31 B.C. and ends in 476 A.D. They, more or less, seemed to transition into the Roman Catholic church who

ran the crusades between
1096 A.D. and 1291 A.D.

I am not going to go
into further detail than
this, but the point I want
to bring up is countless
amounts of libraries and
temples burned to the ground
during this time in history.

There was a concerted effort
by the Catholic Church to
make information they don't
want around disappear.

There is a long list of notable libraries that burned between when the Library of Alexandria did in 48 B.C. and 1500 A.D., 19 are listed on Wikipedia. 6 were during the crusades, which lasted about 200 years. One of those libraries was in China, and many were credited to Mongolians in the Mesopotamian area. Some notable libraries that burned during this time

are: Hadrian's Library in Athens (267 A.D.), Library of the Serapeum in Alexandria (392 A.D.), the Nalanda Buddhist University complex (1193 A.D.), the Libraries of Constantinople (1453 A.D.).

The important part to remember is they destroy the documents not the information itself. The natural knowledge exists within thoughts, which come from the Spirit Realm even without the texts,

and it's accessible to those whom open themselves up to that realm. Most honest scholars admit they merely channeled the information, they just wrote it down on paper. I didn't come up with this stuff it just exists and is far more genuine and true than anything the institutions offer. I have provided several ways to access this realm as well.

Thoughts are fleeting,
but if we focus long enough
to write the special thoughts,
they become a part of reality.
I have to tell myself don't
write in your head because
I had this entire book
written one time on an
hour long bike ride; went
to go write it down to
create a masterpiece
and got one page out.
I think the correct

term for this is daydreaming,
so don't write in your head.

The reality is most
people are getting ready for
a fight mentally. Someone
said to me every time they
go into a grocery store
they feel like they are
getting ready for a fight.
Seems like everyone's daydreaming
about winning the next
battle, and you can see
this in American society.

That being said; don't write in your head, because as humans we have to take the thoughts from the Spirit World, and use our minds to create it into reality.

These are our super powers, so use them for good. All the information in the universe resides in thoughts.

Our power doesn't lie in money, or what other people have. It is found in

exercising our own ability
to acknowledge and make
reality ones thoughts.

The knowledge of the
universe is always accessible
and has been there since
human beings where

conceived ~~300,000~~ years ago:

With technology

there is undeniable proof that there
is a vast network of structures
under the Sphinx and the
entire plateau the pyramids

are built on in Giza. The institutions won't acknowledge this research at all. One researcher's findings showed what is a giant metal object under the sand of where the Labyrinth is located.

The institutions are obviously lying, and I will get to why they maintain this ridiculous lie by the end, but let's agree around 37,000 years ago we came together as a

Species and started doing human stuff, like believing in a higher power and writing. The Turin Papyrus has a king's list dating their civilization to this date.

Honestly if I go by gut feeling I would guess we were doing human stuff 200,000 years ago, and hopefully we will be able to answer this question better when our institutions

decide to be honest.

So it's been 37,000 years that humans have known we are spiritual in nature, which was a big step for us. In the beginning all civilizations centered on the Shaman of the tribe. This was the person in charge of accessing the Spiritual Realm and their ancestor's knowledge. The Shaman would report back

to the tribe their knowledge,
most likely having to do with
diet.

Our daily ritual since
day one as humans has been
finding nourishment for oneself
and the people around you,
then find a safe place to
sleep that night. The rest
of the day we used our
time to explore the realm
of ideas, making them
become reality. All this

Went on while being in a like minded group of people.

As soon as we got into these group living situations humans quickly invented language because at the end of the day everyone would come together and share over the day's bounty. Language came about because we had to share with the community why the day was productive and how to do better the

next day. Then

The first scientists were the Shamans of the tribe. They understood 37,000 years ago how important it was for humans to have a relationship with the Spiritual World in order to evolve. This is the Light and this is where humans draw their power from. We are not material beings. This is not the matrix.

We create the stuff and ideas that make a matrix able to exist. I refer to this as the reverse matrix, or anti-matrix: Our Spirit World from where we connect our Light to is just a layer or dimension above this material world we operate in. We describe what happens in the Spirit World and report it to the matrix, that's how it gathers

data.

The point I want to make clear here before I move forward is that the human's ability to connect to the Spirit World has been understood and studied since we started 300,000 years ago. So for 280,000 years this was the technology and what Shaman's centered their lives on.

Part 16: Ancient Tech

We begin with a meditation...

Feel the thoughts flowing through your body. Observe every contact point on your bodies surface, feel every ache inside you, all as you smell the air you breathe in.

Let these thoughts flow through yourself as gravity pulls them through us into the field forever to be recycled as information, or fond memories, for

everyone to access.

Then as we breathe in again take notice of these thoughts all over again. Do they say something different than they did a moment ago? Now let these too flow through yourself, let your body encode this information to be sucked into Earth's field, forever to be recycled to come around again.

Our thoughts that make us up are in constant flow and in tune with Earth's gravity. Whose voice speaks to us when entering this state? That is Mother Earth's voice you hear speaking, and she is holding all the information that ever existed throughout all of her history. This is merely just using words to describe how deeply connected we

are to Earth. It's easy to understand how this is a powerful, honest, and naturally beautiful way to understand the universe.

It was the Shaman
who was the first scientist
here on Earth. If one
takes away all the noise,
one is left with the
beautiful reality of this
spiritual world just as our

ancestors observed during their meditations. Our ancestors used their technology in the past to better access the Spirit World. Reaching this realm motivated and influenced everything. The concept of technology to our ancient ancestors prioritized coming closer to and building relationships with the Spirit World.

Individuals who mastered the Spirit World

Constructed these megalithic sites which nobody really has a great explanation for in modern times. The sheer grandeur and scale is quite an undeniable achievement of architecture, and they all seem to be dedicated to this Spirit World. They were devoted to the birthing of life and preparing oneself for the afterlife. We understood how important

to our existence the lunar cycles and reproductive cycles were.

For over 200,000 years humans centered their societies on planning the incoming and outgoing of souls. We have evidence and historical records of ancient humans creating "Star gates" around the globe. Our ancestors understood we come from the stars

and thus lived their lives
here on Earth in order
to one day return to
the heavens.

Now in our modern
era of 2025 this is
impossible because something
intentionally destroyed them.
The real reason we can't
return to the stars is no
one even believes in this
stuff anymore, mainly because
we have nowhere to turn.

for answers, outwardly,
and this is where people
look. I assure you all
of these ideas I have
spoken of are more real
than anything on your phone
because I am getting you
to generate this from
inside yourself because you
know it to be true.

Society tries to ignore this
aspect of humankind and frame
our spiritual self as scary

and cannot be controlled
so don't worry about this
subject... buy more sugar,
and scroll the social media.

This is a very immature
way to look at the fact
death is inevitable, and we
just try to ignore it. It is
very similar to how we ignore
the greatness embodied by
the Pyramids of Giza, or
the Easter Island Moai
Statues, or Angkor Wat temple.

In Cambodia, or any of these places. The perspective the scholars provide for such divinity is flippant and unacceptable because they offer basically only lies. They use our so-called modern society in 2025 as the highest point and the benchmark for all past civilizations. They tell us to keep doing what we are doing because we are getting

there. The institutions have to keep this lie going because if we look into our history, civilizations have been far more civilized, sophisticated, and intelligent many times over a long time ago. That's that gut instinct you feel about society right now; something is not right.

Something that I'd like to point out is that in order to construct such

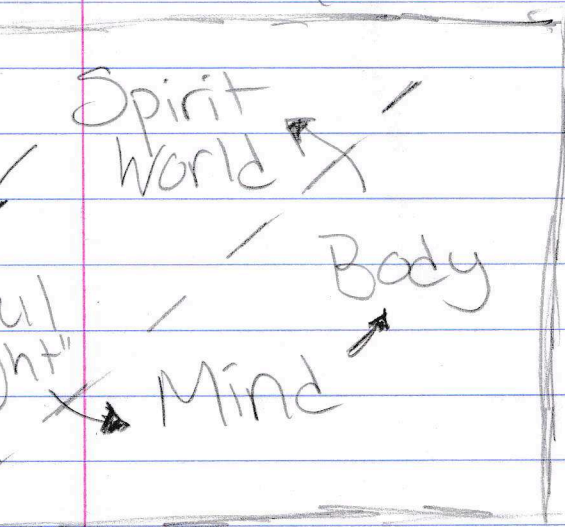
monumental structures these civilizations could not be defined by war and conquering other people. Instead, these civilizations revolved around spiritual enlightenment as a community. Our ancient ancestors built a sort of time stamp on Earth to encapsulate this for all humans when they built the pyramids; this is our benchmark for what a civilization is capable

of. These monuments
unconditionally prove what
humankind is capable of.
This is the forethought our
ancestors had; they understood
knowledge would be corrupted
by greed.

To build these there
were no wars, they time
stamped the peak of civilization
and technology. The first
scientists in charge of this
information were the Shamans

and the Priest's. They tell us that one must pass through the Stargate to return to the Stars.

Like previously discussed the reports that are documented of near death experiences



of hovering over one's body looking down. The body and soul are

mutually exclusive, or able to exist independently from

one another.

This is what the ancients sought to learn. This is where the ultimate power lies. Whoever can transfer souls and put them somewhere else.

This is why I stopped 15 years ago. This is where I was led after I kept asking "...why?"

It baffles me no one talks about this or

even approaches this topic,
but let's go there. The
ultimate Subject never
broached these days...
immortality.

Part 17: Immortality

We begin with a meditation...

Concentrate on the pyramid of energy swirling around you.

This is the center of our ultimate power. You see we have enormous responsibilities

as the gods of these vast universes inside of

us. There are an infinite amount of cells, and

countless numbers of

microscopic bacteria and

other organisms with

individual centers of gravity in you right now.

This beautiful orchestra of biology is a vital part in everyone's day-to-day life. We are in charge of the health and maintenance of these enormous universes inside of us.

Let's take a moment to appreciate some of these systems while our conscious body

and natural laws congruently align with one another. There are the brain cells, which of course think they are the superior cells, but it's the blood cells nourishing the body. The white blood cells are able to find the cells that do not belong there then discard them as waste. All of this is coordinated to become a perfect form through

Humans have always sought immortality. I argue they figured this out. So how does a human achieve immortality? Well that spirit each of us has that I have discussed, the part of us which is known to hover over our body upon death, we find a vessel to put that into. I argue there are better ways

to achieve immortality
like going back to the Stars,
but this is the simplest
way to accomplish such
a goal.

We basically use
modified rocks to store
all the world's data on
as we speak. How much
data can be stored onto
a giant piece of beautiful
Quartzite Granite?

This is how one

achieves immortality. This is what the ancient Shaman's studied; and not only could they and would they, but they were in charge of the ceremony itself.

This person was responsible for souls, and our societies trusted these individuals with this task. Not only were these people actively transferring souls into inanimate objects, but

Other animals as well.

We are almost publicly discussing these options today in 2025, but this is the original technology of the Gods.

I really have tried with every fiber within me to refute this theory. This can't be true. But this seems to be the root source of the problems on Earth today.

This I believe is what is referred to as the 'Arc of the Covenant'. It is basically a hard drive of souls. This became a weapon, and instead of transferring souls it became a soul prison. On top of that they broke all the Stargates and got rid of the Shamans.

This is the problem.

Part 18: "AS Above So Below"

We begin with a meditation...

Feel the gravity that is
flowing through your body.

Right now within this one
of Earth's ever present

fields everyone is simultaneously
connected. We are constantly

connected like the mycelium
of a mushroom so as a

whole we provide the Earth
the information needed
to further life.

We are quite literally

one sliver of the Earth's
entire Conscious from which
we have access to.

The phrase "as above,
so below" comes from the
Emerald Tablet. The legendary
alchemist Hermes Trismegistus
is credited for creating
that beautiful relic often
never discussed. This phrase
is really a simple and great
place to begin when offering

explanations for the Universe.

The institutions throw ridiculously wild theories around about the universe, which everyone finds too overwhelming to even approach. They kind of fake it by just making up a brand new language.

I saw this one article I had to click on titled "The Theory of Everything According to Physicists". It was a one page

run-on equation. That was their huge revelation.

I argue that page is worthless.

There is no reason to overthink it because nature is undeniably right in our face all the time. It would be preposterous to consider the universe works fundamentally different than how it is governed by nature itself. As Hermes Trismegistus proposed "as above, so below."

This is the law of nature that can be observed within us. We consciously ask the body to move as thoughts; we do this to run, we do this to walk. While this is all going on your body must account for what it is being told subconsciously like a shortness of breath or burning muscles.

We only have to think about having a stronger

body or increased stamina, then you consciously do what your body tells you like running or swimming. It's your subconscious self physically making the changes necessary inside your body. We program the output with thoughts, which in turn affects the hardware of the system.

This means there are a bunch of miniature versions of us to perform

these actions, as stated by Hermes "as above, so below". Just like us they create through thoughts.

They then physically execute these thoughts to accomplish something that just came to them and thought it was cool. This is how fractals work. If you do not know what the Mandelbrot set is ... take a moment and look into that.

For anything to exist it has to be consciously created through subconscious means. That is how this moment exists, a complex fractal of consciousness all performed out subconsciously on a galactic scale.

This is what makes us Gods. We are responsible for a vast universe inside of us, exactly like the universe we observe above.

This is our responsibility.

That deep connection we all feel is what we see in the outside world and is a direct representation of the universe inside each of us.

We all know something in this world is not right, something feels off. This is why I say we are all beings living on an Earth with broken pyramids. To fix this world we must fix

the pyramids in ourselves.

So, why? What is it exactly that gives us a sense something is not right? It's something beyond just lies and deception.

This is what I asked in 2010. I wanted to be ready for whatever was going to happen in 2012.

Why is the world so dismissive of the pyramid structures in Giza? Why

were they so dismissive and hostile towards Nikola Tesla? Why be dishonest and deceptive about the Twin Towers coming down on 9/11? What really got to me is the dishonesty and deception in the medical institution. I understood this 15 years ago. It looks like there is no limit to how far this goes if you look at the political climate in 2025.

In 2003 the United States made one promise to the Iraqi people while executing "Operation Iraqi Freedom". That was to not let the Iraqi National Museum in Baghdad be ransacked. This is where they held the most ancient of artifacts from human's origing. With all the power of the American troops they couldn't stop people

from what the locals did
since the museums inception.
Looking further into this
incident it was all a planned
and precise looting done on
April 10, 2003. Right after
the U.S. took over. This is
unacceptable, so why?

We agree to let
doctors hack up patients and
inject them with drugs they
see fit, all while these systems
don't have our interests in

mind, but instead profits.

Alternative methods come under heavy fire from the powers that be eventually to be squashed out entirely never to be discussed.

It seems to be easy to lie about the most egregious things by killing a few people.

Where is this much evil generated from when it feels so unnatural?

So in 2010 this is how I thought. I was constantly meditating and contemplating this: how is this all connected.

Terence McKenna pointed out something, which stuck with me. That is the Great Pyramid of Khufu has giant cracks in the king's chamber. This has to be done intentionally by some beings because it was

constructed to perfection.

This was not an oversight by the architects. Not only that, but there are beautiful diorite statues of King Khufu completely broken in half.

The task of carving these statues is nearly impossible to replicate today, but they were destroyed, completely removing the upper-torso section clean off.

Constructing these

structures to the precision achieved by the architects is impossible today. This scale of destruction that is evident would be as well. Another example of this can be found inside the Red Pyramid. The floor in the main room was completely ripped out by some "treasure hunters". No explanation is offered except tomb robbers for over 2500

tons of granite flooring
being broken up and pulled
out of the structure a
very long time ago.

I agree with Terence
McKenna's theory that these
were intentionally destroyed.
But why? This is what
led me to my conclusion.

The one thing ancient
people had in common was
an obsession with immortality.
How does one achieve

immortality? Quite simply transfer your soul somewhere else.

This is what our ancient ancestors mastered a long time ago. They were masters of alchemy and figured out a way to transfer a soul from one body into another body or object. Most likely even far away places. They told us in their records that among other things the

Pyramids where used to deliver the soul back to the stars.

Someone destroyed this technology, hid the fact it ever happened and left a whole bunch of souls trapped.

This is the great secret. It is not that far fetched and the implications answer all the questions.

Chapter 5

Immortality

Part 19: The Transference

We begin with a meditation...

Feel the energy within yourself.

As you give attention to this energy begin to control it into a pyramidal vortex centered down your spine.

Fill this pyramid with your energy, enlighten your pyramid with good thoughts that flow down your pineal gland.

The gravity and centrifugal force push existing thoughts deemed unfit out of this

field entirely off into the ether. All while letting the good thoughts fill your pyramid aura.

Then as our energy releases the bad thoughts, we have more attention towards our good thoughts.

As you vortex more an increase in energy is available to solidify these thoughts.

As these thoughts vortex up your pyramid the

density increases indefinitely eventually solidifying inside your mind's eye, the pineal gland.

This is what Hermes Trismegistus referred to as the philosopher's stone, and this is exactly how one is created. As our bad and unnecessary thoughts are thrust outward into the ether our thoughts each of us sort through and keep vortex upward,

attracted by our intention.

As we become more conscious of controlling these flows of thoughts upward, one can visualize this in a physical manifestation within the mind's eye.

Imagination if you will.

As this continues these thoughts will continue to condense as they vortex upward along your spirals path. These thoughts

eventually will solidify
forming a tangible thought.
This thought merely needs
to be written down to
become part of this reality.

This is the philosopher's
stone.

It's not a secret that the ancient people sought immortality. They fully understood and practiced the the transference

of souls. The inception was getting back to the stars where we came.

This eventually led to just transferring souls to bodies or objects; but to do this one needs an intermediary device.

They need a place to put a soul while they find the next home. This is what I believe is historically called purgatory.

To facilitate all this
someone is in charge of
this intermediary device,
the gatekeeper if you will.
This is where things got
messy, I imagine a very
long time ago.

This is the explanation
for the predicament we
currently find ourselves in.
The exact degree of
how far this goes is
immeasurable, and frankly

I stopped meditating on this here. What I saw scared me deeply. To this day I have tried for the past 15 years to convince myself this is not true; this can't be how things really are. Unfortunately this really explains everything, and even though I tried here I am.

This is the root of the problem explained.

as simple as I can get,
or best explain my
understanding of the Scenario.

It is the year 2025,
and for as long as mankind
has existed we have tales
of Non-Human Entities (NHE)
existing among us. All cultures
have their own version: Chupacabra,
yeti, ghost, troll, god's, bird-man,
ant people, grey's, etc.
These can all be summed
up as beings that are

Simply not human, non-human entities. Pretty much everyone can agree these NHE things exist and have for as long as we have had language.

I'm saying these NHEs live amongst us.

From our ancient's records, they have been here a very long time. We have all met these people; they cannot dream, these

NHE's are unable to originate original thought. What makes us distinctly human is this thought realm. Accessing the Spirit World with one's own Light is what distinguishes us as human.

Humans generate this world in front of us because of a foresight where they think it up. These NHE's do not have access to our Spirit Realm and

I argue have no souls.
Thus they need us to
actually generate reality
as we progress in time
simply because they cannot
think new thoughts, nor dream,
nor create anything innovative.

From my understanding
when humans first interacted
with these beings we had
sympathy for them. We
wanted to show them
what it was like to dream.

A replication of our Spirit Realm was created that they could interact with to get the full immersion of what it is like to be human.

This is as far as I understand.

They created a matrix long ago and from the looks of what's going on with Earth, this device was taken over. This is the

"Arc of the Covenant". Someone has the keys to it, and they are not good. This explains who destroyed all the Stargates and knowledge there of. On top of that they are building another, and looking for recruits.

This gets dark fast and I will skip past this because of the story I will tell, but this my friend is the predicament US

humans find ourselves in. In all honesty I believe the anime Fullmetal Alchemist Brotherhood illustrates the complexity here very well.

There is one more reason that explains why everything is so weird and why this thing is going to come to a head soon, why everything feels so unnatural. The Earth is literally overflowing with souls

because of the fact we
are all a part of Earth's
gravity. Without some
transitioning device out all
souls are stuck, good and
bad. On top of that I
am betting as a part of
gaining leverage, there
are several non-human
souls in the device as well
as here on Earth.
Naturally, this has upset
many beings.

The reasoning for this is that the more souls they download into their system it gives them access to more thoughts to be their own. Kind of retroactively hacking into Earth's spirit world itself. Peeking into the Earth's thought field using us to do that, and the more souls the larger bandwidth. I tried to convince

myself this has no grounds
in reality whatsoever. Unfortunately
it makes this crazy world
we live in all make sense
in a logical way... this
is what's really gone wrong.

This all came to
me in 2010 and I tried to
tell someone but what
happened before I could
was wild. I have tried
to block this out of my
memory, but here you go.

Part 20 : Story Time

We begin with a meditation...

We all live on a planet here to fix the pyramids, or reconnect Earth to the stars. To do

this we must first reconstruct the pyramids inside of us.

We each individually have a vast universe inside of us similar to what we see outside of ourselves above. The world inside of us is an exact reflection of what we see outwardly. It is our duty

here on Earth to reconnect
ourselves along with Earth
back to the Stars. This
means we must reconstruct
the Stargate's within ourselves
as well as here on Earth.

So concentrate on
your pyramid centered in your
mind's eye. You can feel it
spin around you. It is
the pyramid field I find
easiest to concentrate on,
where the base spins

whichever direction you choose.
Concentrate on this field,
it is spinning around you,
you can touch the corners
with your fingertips. Control
the rhythm and the flow
of your fields circling around
you. Feel it with your fingertips,
touch its edge and spin it
around you. Your body centered
around one point. Concentrate
on how in tune you are
with this field. This is your

field of influence.

This is the self, the author Charles D. Larson refers to this as the 'I am'.

I refer to this as one's Light, or your connection to the Spirit World. This is you in your dreams, and what will move forward after your body gives way. This is that part of you that hovers over one's body as an observer post death. This is the

Light, your own Light
Specifically.



I+ Was in the Summer
of 2010, I came up with
an idea to publish a weekly
magazine. The inspiration
came really from the American
founding fathers like Benjamin
Franklin, James Madison, and
Thomas Paine. who would
just publish articles around
10 pages long about their thoughts.

The main reason probably because they had open access to printing presses so they could talk about whatever they wanted to and hand it out to a captive audience.

They had a great idea so I was going to publish a weekly 10-page hand drawn type of media every week. It was not going to cost much so no advertising, and just start from there.

I was going to showcase interesting articles with some art and music. I wanted to bring attention to cool stuff humans are currently involved in, as well as great accomplishments from our history. It was 2010, so if 2012 was going to be the end of the world. I wanted to show humankind we had a

great run while we
were here.

That Summer I
went through all of my
National Geographic magazines
my father had left me.
His collection went back
to the 70's. When it came
to finding a place for that
collection after all the
years roughly 400 survived.
It was still quite the
beautiful collection, and

I found some hidden gems when I went through them. Back then there was a lot less people making the final editing decisions. The sheer volume of compelling articles I had in line was more than enough to keep the project going for a couple years.

The goal was to get as many humans as possible to fully embrace how awesome

We are. We forget this often and rarely bring this up in media. We are all in this together so whatever was going to happen in 2012 to humankind I wanted them to be ready. This little weekly magazine was my idea. It's novel, easy to execute, it would be embraced because it's awesome, and easy to manage all myself at low

Cost.

So in preparation I was going through material non-stop. I had articles about Nikola Tesla, cures for cancer, the original electric car, the hemp car, alternative medicines, 9-11 details don't make sense, the Iraq war, JFK, the military industrial complex. I just went through all that material and asked; why do we live in such an

absurd world? Historically it looks like humans have a tendency towards war, death, and destruction. Why is this true? What is the reason for such behavior when it's so unnatural?

I would get into these deep meditations focused on some sort of explanation.

It occurred to me

the ancient Egyptians believed in and studied the art of alchemy; they searched for a philosopher's stone, and black mirrors did exist in history. What is the ultimate prize? That would be a soul.

Whichever term you like, science, technology, or craft seems appropriate here; the ancients perfected it. There are stones right now with

people's souls locked inside there. Now this revelation messed my world up immediately.

But this connected all the dots: ghosts, aliens, possession, demons, hell, and frankly resolve the loose end questions better than the obvious weird lies. Under the sands of Egypt is an ocean of souls trapped. This has

been going on a very long time, at this point overflowing, and they are not happy. This is the phenomenon we see.

Now when this finally clicked my first reaction was to call my friend Daniel. That's when it began. They came after me. A shadow being, a darkness that envelopes from all corners is the best.

I can describe it. I felt sheer terror because it noticed me and I noticed it, and it came hard.

My gut told me to run, so I grabbed my keys and wallet and jumped in my trusty Saturn.

This went on for four days. No drugs were involved; I only stopped for gas, coffee, and cigarettes. I just drove up and down

California. I eventually
was pulled over on the
Bay Bridge in San Francisco.
When the cops asked for
my ID I insisted they show
me their ID first. I don't
remember all the details
but I was shot with a
stun gun and pulled out
of the car. They broke
my arm while wrestling to
the ground.

I woke up in

the psych ward, which is the top floor of the San Francisco hospital. It has a beautiful view overlooking the bay, and the darkness could not reach me there... it finally stopped. I still remember that feeling, looking out over the bay watching the sunrise in my hospital gown. I felt more relieved at that moment than ever before in my

life.

They dropped all charges and kicked me out the following morning. I was still scared to go home, but I made it back and aggressively deleted everything. I swore off the project altogether. I shut my mouth and hoped I was completely wrong.

I tried to ignore this but here we are.

I honestly was hoping
someone else would figure
out the Devil exists. It's
in Control.

Here's what is
positive: I survived. Also,
I believe it's out of time
because it lost control and
it's not just us humans
affected. There is an
answer: We must let the
souls free, we need to
open up the Stargates once

again. The reason for crop circles and an innumerable amount of phenomenon observed world wide is because all the technology and all the secrets are created by souls stuck here with us.

The ghost in the machine is angry. They like me better though.

Part 21: The Dilemma

This is the subject people get close to but won't touch. The afterlife is right here. The Earth is one giant hard drive of what happens here.

Humans came to Earth as Light beings to enjoy the beauty that comes from matter, like chemistry and biology. We are full time Light beings. It's when we are conscious

in our bodies we feel the numerous amounts of hormones flowing through our body like dopamine and adrenaline that get us high. Like a junky, Homo Sapiens can't wait for the next novel chemical reaction to experience, that doesn't kill them.

Our day job since the beginning of humankind has been to gather up stuff

each day to have a good trip that night around a campfire with the people in our tribe. This has been the practice since the beginning of humans in order to maintain the tribes connection to the Spirit World. The responsibility of the leader of each tribe, or Shaman, was to remind their people ritually that we are all spiritual beings.

First and foremost, and that we are always navigating both worlds simultaneously.

Somehow during humankind's time here we figured out how to transfer souls into other objects.

It is necessary to have a holding spot to perform this; a sort of 'purgatory' before one's final destination.

Now something took over this intermediary device,

Which I think is what was referred to as the arc of the covenant, and they hid it. There's only one way in and one way out.

This began as a way for the non-human entities to experience tripping or dreaming. We simulated a Spirit World for them. When we came here as light beings this was our offer

to live amongst a material world.

This is as far as I comprehend at this point.

They locked the device, which is basically a collective of souls. This is how they get the so-called human experience. I think one has to consciously download oneself onto this server, or make you. The rest of the souls just hanging out

on Earth. I don't quite know.

Whatever is running this operation I refer to as the collective.

All the souls inside become that of the collective.

The reason the need for more souls, besides greed, is that these WHE's are unable to create, they aren't capable of original thought. You get the idea.

Our power and soul
comes from the Earth itself,
it's what we are tethered to.
Then the Earth is tethered
to whatever plain of thought
she operates at. This universal
connection is our distinct
human advantage and why
these creatures are so jealous.

This is by far the
hardest part to put into words
and I stop digging deeper
here because I have seen

glimpses and it's disturbing.
The NHE's use us as their
thought creators because
they are not part of this
universal Connection we
have by being earthlings,
or soul creatures. It
must trap souls to serve
it for eternity to get the
imitation human experience.
It holds many people's
loved one's from this world
as well as others.

Man's original sin is that we gave them access to this technology in good faith. Eve, one of the original architects, is in there along with a lot of angry souls who had a long time to think about this.

That's why I am here, to break this thing open.

The entire operation is backfiring because the souls inside have become

too Overwhelming. Essentially
an alien Species has the
keys to this fake Spirit
World wher they lock souls
in to keep for themselves.
We just have to break them
out.

Part 22: We End with A Meditation...

In summation,
this is the battle often
referenced in the bible,
and it is coalescing in
front of us. This is the
light versus the dark.

Pretty simply follow
the light my friend. I explained
everything the best I could
to help everyone along
the journey. I too will
continue working further on
this because this is just

the beginning.

Become an individual.

Own yourself by owning
your own thoughts. The
alternative is the collective
where they think for you.

We end with a Meditation.

Concentrate on the sacred
pyramid inside you. By now
the light sustained in your
body is so powerful other
people around you feel your
presence. Center your pyramid
360

along the center of your
vertebrae feeling the field
vortex around you.

Observe the thoughts
constantly flowing through
the field while sustaining
its center, slowly flowing through
our body with gravity.

Our bodies are
receivers, or antennas,
engineered to harness the
light energy. We are a
beautiful biological

harmonization designed to maximize our potential in the universe by harnessing light and matter as one.

The thoughts we attract come to us through gravity and we each choose which ones to hold on to. These thoughts are held within our Earthly embedment we call self, and give a name.

The Earth is

Communicating to us the same way we communicate to the Universe inside ourselves operating our body. By giving the Universe inside us water and light, it grows just as the Earth does outside of us. Our body metabolizes just like the Earth does and behaves like the Earth as well.

The alchemist of our past lived by this law

of nature. Humans must
seek out their Shaman once
again to weave time back
to where we rule Earth
once again as Light beings.

"All is one, One is All!"

—Hermes Trismegistus



Brian White
CA, USA

ASeriesofdreams.com

A.Series.of.dreams.2025@gmail.com

I Love You All!

365