

Chapter 2

Humans

Part 6 : The Light

I will answer all these questions, but first we must start by exploring our inner universe. Leave all previous thoughts behind and merely become an observer to your surroundings. We begin with the gravity meditation. Concentrate on the center of your brain and the gravity flowing through every Membrane. Gravity is flowing right now through every Synapse, neuron, and hydrogen molecule inside

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of you simultaneously.

Earth's gravity governs this world more than people understand. Gravity surrounds your heart right now and at the same time is flowing through your brain. Does gravity flow downward through the brain then touch the heart?

This is all happening as blood circulates through our body calculating the right pressure necessary to account

for gravities force on the blood.

In essence our body is material brought here physically by Earth's gravity and our Light creates form. How? The brain.

What is the Light exactly?

Documented near death experiences are not only believable and credible, but seem to be similar when compared to one another. What has been documented is one's soul separating from one's body at the occurrence

of death. The soul floating over oneself looking down onto one's own body is what is widely reported, and that is the Light. Right now your material body and spiritual light are one. To enhance this connection is what each human should strive for each day.

What is interesting is when one separates from their body, they still have a memory and a basic

Sense of physics and deductive reasoning. Another thing to point out that is interesting about near death experiences is not only do we have access to memory but also we get feelings such as love, envy, and shame.

These are just documented near death experiences. An easier way to relate, without dying, is with our dreams. We can have very

real experiences in these states with their very own particular memories outside of our bodies. This is why I believe memories are physically stored on matter. I will talk more about this later.

For now just envision where this realm exists. It seems to be always right there. To what degree do we have influence in this realm?

Part 7: Earth's Memories

I will begin by stating that nobody in 2025 really wants to approach the subject of a Spirit Realm and how it affects our daily lives.

This essentially neglects entirely fifty percent of the human experience.

I will explain further, but for now just go with me; all of our ancestors are in fact right here on Earth in spirit form. The universe

perfectly efficient, transmuting
all things. This includes:
matter, energy, information,
ideas, and spirits.

Furthermore, it seems
evident that humans are capable
of accessing our ancient
ancestors information, and
memory. We are tuning forks
into this realm of human
data, somehow connected
through the Spirit World,
and this information is

delivered to us as thoughts and ideas. So it is what each individual tunes into which becomes that person's identity. Memories are just observations we make creating ideas we have to relate to that experience. So quite fundamentally one's own reality is merely one's own thoughts.

A fun note I would like to make here is we do see into the future.

Right now you are processing what you are doing into memories as your body prepares for the next three or four moves. Right now essentially never exists; it is a constant flow of what is about to happen then your memory of that taking place. It is an interesting topic and how well one can control this phenomenon should be examined thoroughly.

but that's another book.

Another note that should be addressed is that Terrence McKenna believed reality is language. This I believe to be true for intelligence in non-human entities, like a computer. Human's reality is far superior to that of a non-human entity because we are not a code, but an idea and thought we tune into. Language does

not account for connections
or feelings such as love
or gratitude. I learned this
from a very intense psychedelic
experience. I was asked
by another being to prove
true love exists on this
Earth; to do this one
cannot use words.

Now ideas themselves
seem to float around in a
nether region, realm, dimension,
or whatever you want to

Call it. They exist on a plain that is not inseperable from us. I argue they all exist in the same realm as our ancestors, the realm of Earth's memories, knowledge and history. It surely would be a shame if all that data went to waste. But I assure you it is all stored, like all things, right here on Earth.

We teach that one must acquire new ideas and

Knowledge by looking for it.
It's all out there, but it's
just beyond everyone's reach
and beyond anyone's
comprehension, so don't
bother; this is what everyone
is taught. Don't worry
someone has all the information
and they know what they are
doing with it; this is what
the world is sold.

This is the downward
spiral. One's reality is

manifested by one's thoughts.

The conundrum is humans are taught to not have original thought or ideas; instead humans learn to absorb them from outward sources, filling that void. This is the reason for a void in people's lives.

We grow from inside, like a flower or tree; and nobody will tell you.

the Instead we accept the void, and we are

encouraged the answer is more Content, food, just stuff that strikes up a good memory when it connected us to the Spirit World.

Modern humans have a complete disconnect, seemingly self-imposed, from any connection or respect for our collective history. Why do we do this when the reality is human civilization is around today because

of magnificent accomplishments.
We have a tendency to turn
a blind eye to what great
things humans have done with
an aimed arrogance.

What strikes me as
a red flag concerning the
keepers of human knowledge,
and those that tell the
story of humankind is the
blind disregard for what
humans are truly capable of
accomplishing. In the years

of researching this stuff
I have found myself constantly
finding more deceptions, and
cover-ups. There is just
an oddly selfish nature of
the business they created
to provide humans with
information.

Part 8 : Human History

Our calendar starts in biblical times at 0. Someone picked that as a good point and we have been running with that for a while now.

Pope Gregory XIII picked it, and we are on year 2,025 of what we call modern times.

Humans have been running around for 200,000 years (and this is a conservative number), so that's 199,775 years of chilling with rocks and

sticks.

The history books say that the builders of the pyramids around the world don't really count as being a part of the modern era. It took scientist's a long time and effort to learn how to transmute steel. So once we "mastered" that we where now better than anyone else in the past. This has been human

civilizations big milestone
since the 1800's (Krupp steel
in Germany, established Nov.
20, 1811). We have been riding
this wave till today. Our scholars
like Stanford and Harvard that
approve the books all say
this time of pyramid building
or any of the megalithic
architecture is nothing compared
to what humans are capable
today. This itself is a
giant red flag about these

Sources credibility. Historians such as Graham Hancock, Ben van Kerwyk, and Randall Carlson cover these topics thoroughly and honestly.

The point I want to make is that humans have been running around for over 200,000 years. That is a fantastic run considering the Earth has a wild history. Someone pointed out to me that the Earth itself has

been through trauma, which is just another part of Earth's memory we all feel as well.

Still somehow we have survived.

So humans have this ability to survive locked in.

Other than that what have we all been up to the past (let me round up) 200,000 years?

Today anyone can see how humans form tribes if left alone from modern civilization. It all works pretty much how one

would think. Wake up, plan your day.... most likely get something to eat and probably some water to drink. After that, plan where you will stay and what to do till then. This is pretty much it, and it all depends on what environment ones' in.

Humans are great at this because of how simple it really is to survive. As soon as one person becomes

three or four people they
will quickly find down time.
This was the ritual all of our
ancient ancestors did daily;
Cooking around a fire probably
making grunting concerts, then
bam language is invented
or a variation of it using
various noises and body movements.
I argue humans had their first
concert before we had an
identifiable language. Every
night for over 200,000

years we got together in
like-minded groups to celebrate
the day. That meant eat, smoke,
get naked and party the best
they knew how. Nighttime
is the human's time to shine.

Part 9: Thoughts

We begin with a meditation...

Think about the gravity of the Earth affecting your body right now at this moment. Feel the Earth's hold on every single strand of DNA within you. Do you feel gravity differently in different locations within your body? How much of what binds our bodies together is it Earth's affect versus our own? I say this varies based on an

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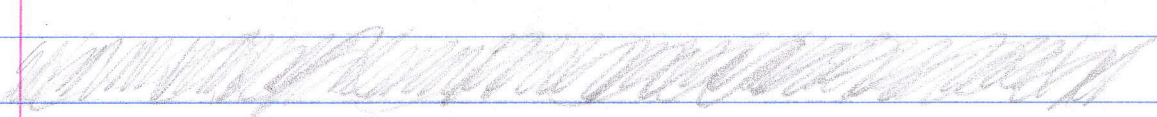
innumerable amount of variables
but it all creates such a
beautiful symphony of connections.
One thing I want to point
out is that our brains run
on electricity, which is
effected by Earth's gravitational
field as well. Our body's
electrical field and tissue
itself are both interacting
with Earth's gravity.

This is how deep of
a connection to Earth

We have. Our bodies are constantly communicating with gravity binding our biology together. Our brain is communicating with electric signals to control our muscles.

At the same time using our blood, our circular system to clean out old material and regulate our pressure and temperature within. At any given moment without any calculation our body

acommodates changes such
as whether we are sitting
down, standing up, swimming
in the ocean, or running
in the Peruvian mountains
22,841 feet above sea level.



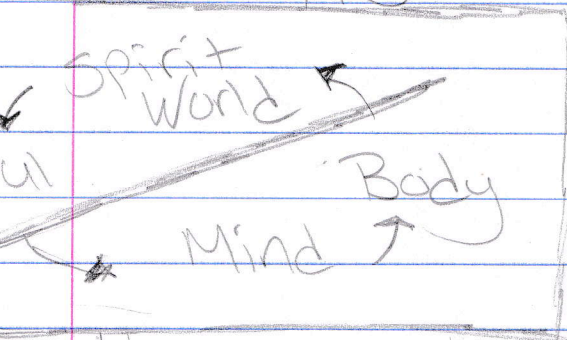
Our self is who we
are every waking moment to
moment distinctly right now
on Earth's plain. The self
is our light's distinct connection
to Earth's memories, ideas,

and thoughts that are stored on our mass we call a body.

Through other states we put our bodies through it seems we are able to connect our light into other plains with entirely different memories, ideas, and thoughts altogether. The best example of this

is in our dreams, but it appears this can be done using psychedelics such as mushrooms, LSD, or DMT.

As I stated before



and I show
in my diagram,

the soul and the body
are mutually exclusive to
being human. In other words
the soul can survive without
the body as can the body
still survive without a soul.

I want to teach you
strategies and urge you to
strengthen this connection
daily.

The Light we all have
is your soul. It is the essence
that transcends the material
world, that being at the
center of your dreams. We use
our body to tune our mind,
which houses the soul, to
connect to the Spirit Realm.
This is the realm where
thoughts originate. One picks
and chooses the thoughts from
this realm to create a self.

Something to consider

here is that thoughts, and ideas seem to be connected to the Spirit World. All the thoughts and ideas ever created by our ancestors seem to exist in this realm, and I argue all connected through gravity.

We are just thoughts. We are a non-stop reaction to inputs of stimulus. This triggers our memories or creates new ones creating that thought that makes

up you existing each moment to moment. Thoughts shower our mind always and we choose to gravitate towards the positive or negative ones to focus our attention on.

So how many hours a day is any given person in charge of their thoughts, from moment to moment, throughout the entire day? If we don't consciously control our thoughts at all

time they seem to be able to be hijacked by outside forces, in other words not your own thoughts. This happens to everyone. Religious people I think refer to the bad as possession and the good as letting in the Holy Spirit or something like that. I don't go to church so I don't know the correct terms but I have watched enough Cinema to understand it's

the same concept. Do you
let the good come over you
or the bad?

Part 10: Our Memories

We begin with a meditation...

Feel the gravity flow through you like a river that ceaselessly flows downward from the clouds through our DNA and between all the spaces binding it all together.

This is the realm of thoughts and spirits. So memory is kind of what solidify our thoughts into ideas we act on. This moment right now is, well now a memory. We

recall this unique experience later on as the present.

I guess the point is right now is an opportunity that should be used to create a new memory. It appears people most often live inside these past memories. The reason being most of the memories were seeded deeply while in the Spirit Realm as I have described. We connected to the Spirit Realm

as a child, but as one gets older one must learn to control and process these memories responsibly.

In general when it boils down to it most memories are made up and factually incorrect. These memories we all hold on to are stored in our body as endogenous chemicals. Our body really is a giant chemical reactor; our soul inside our mind is

in charge of operations. As children when our body was just getting used to these chemicals released by our endocrine system we created deep memories that we use as a point of reference throughout our lives. High and low benchmarks from past experience, and what to expect.

As adults our instinct is to recreate those high benchmarks and stay away

from the low benchmarks
we set in our lives. The
problem is recreating something
that won't exist and chasing
that conundrum. Instead of
recreating old memories we are
tasked with creating new ones.

You see the self
is a river of thoughts that
form by our memories, like
stones in the river that
give the appearance of
shape. We cease to need

an outside source to get that feeling we are trying to recreate by exercising our ability to make new, better, deeper memories. By being proactive every moment to build a new good memory we don't need outside stimulus to trigger our high benchmark feeling. It takes conscious effort but I assure you this works. Therapist can talk to you for years but

this is how it's done and
you have to do it yourself.

We are like rivers,
only with us instead of
 H_2O particles a billion little
thought particles flow over
us with gravity, and we
pick and choose as we
please. So our thoughts
are in constant fluid like
motion just like this moment
in time. That form which
people refer to as self

are the memories we shape our thoughts with, like the form we see in a magnificent river. Just remember that you create and form how the rocks are placed and which ones to use, like a beaver, create your own river of thoughts.

The real question is how do we access this field? It all exists in the Spirit Realm: thoughts,

our ancestor's, history,
gravity, and so to
reach this realm we
just plug into it.

I have been sharing
various strategies of how
one connects to the Spirit
World but I will expand
further the next half of
the book. I find this
idea to be a novel explanation
for the unexplained phenomenon
documented worldwide.

We choose the river of
thoughts flowing through us.
What happens to those
who don't?

They become possessions
of lost spirits. The empty
void is filled with other lost
souls without a place.

On the other hand,
this is how we are able
to channel our ancestor's
knowledge, love, and wisdom
because they exist on that

plain at this moment with
all of Earth's data. As
the Bible would put it, this
is how Jesus is able to
speak to people. Honestly
it's a bit scary and
uncomfortable to admit.

But I assure you this
is all as real as it gets.

So can you control
your thoughts? This is
where the war seems to
lie.

When we meditate
let our thoughts go with gravity,
flowing through us. Be
conscious of the thoughts
flowing through your body.
All the memory of our
existence is stored onto the
Earth and it connects it
all together with gravity.

Be aware the
memories you hold onto
are merely reference points,
and at any point it is in

your power to change these. We all have a reference point, for example when a new child is born is when one felt that feeling of "true happiness". The other obvious example is when a loved one passes away; this becomes a benchmark for sadness. These are two absurdly extreme examples and honestly probably not that accurate.

The reality is these are moments in life when we are deeply connected to the Spirit Realm, those moments where time doesn't exist, creating those deep connective memories. This is why these benchmarks are set when we were children and often where in reality anticlimactic moments. It's just that chemical reaction you get

when you spark that memory.

Our job as humans
is to tune into the
thoughts that are present.
Let them flow and just
observe. Then we make a
positive memory for the Earth
to hold for eternity and others
to access at any time.

