

Chapter 1

We Have
Problems

Introduction

We are light beings. Matter merely gives us the opportunity to have sex, and take drugs.

All creativity stems from this light.

This is what our dreams are made of, and who we are when we sleep.

Somehow each individual has a distinct light coined the "I am"

by Christian D. Larson in his book Your Forces and How to Use Them.

I will be using the term the light from here on out. The light can be defined as you,

as in that person you are
when you sleep, distinct from
your body.

There is one distinct
you that exists. This is the
light. Now something I would
like to point out is that there
are times we are not ourselves.

Some ancient ancestors refer
to this as possession, and
by mere observation one can
see this in people on the streets.
Their bodies barely able to

Stand up at times, I wonder
if there is anyone in there.

But I believe there
are varying degrees of "not
being oneself", for example:

hypnosis and split personality.

It seems people can fully
encode another person onto
another, or rather, into another
person. The government has
been involved in this field and
M K Ultra, Jason Bourne, type
of application is what we

Know of.

Another version of people losing themselves, or their light entirely, can be drug or substance abuse. You can see it in the parking lot of the Safeway I worked at. These people were not in control of their bodies. You have seen the people on the street hunched over. To be honest I don't know how these people are still standing, how are they

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balanced upright? Hunched over
at their hip, head touching their
knees, hands touching the floor.

These people are a shell of
a body. I don't understand
how their system is even
operating; these people are not
even close to themselves.

People suggest this all
the time. They will say statements
such as: "that wasn't me", "that's
not who I am normally", "I
was overtaken with emotion."

People have been set free on murder charges because they "were not in their right mind." So the real question is who were they?

I suggest it is other souls on this planet that occupy these voids that appear as individuals. But the "Light" is who one is, the who you are inside your head. That's the light.

I believe the simplest way to envision this is to picture that entity controlling

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your every move behind your eyes.

The light is your essence, vibrating
and harmonizing your intentions

physically and through dreams: both
consciously and subconsciously,
while awake or in a dream

world. It is the vibration you

feel at your center when you
meditate transcending all

physical form. That is you, that
is the "light".

What this book is about.

We begin with a meditation.

Concentrate on time slowing down.

Think of less and less as time becomes one moment.

Let your thoughts focus on Earth's gravitational energy pulling on your body right now.

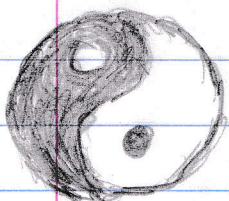
This connection with the Earth is with you at all times.

Just like our soul's light is ever present, the Earth's energy is as well. Right now it is touching the top of your brain, as well as the top of your heart.)

①
This is the same gravity that
that is touching the inside
of your lungs as well as the
Oxygen particles they contain
as well. So at all times we
are engaged in the Earth's
sphere. Concentrate on these
two fields interacting; inseparable
yet distinguishable.

The gravity meditation.

We are light beings in
a material world. Yin and Yang.



So to break it down we are light beings tapped into the material world so we can; well essentially feel love. The universe's purpose is to contain a surplus of love and right now the Earth is not doing a very good job. Humans are giant chemical bags containing the universe's best chemistry experiment.

The downfall of humanity is centered around forgetting

We are Primarily light-beings.
Humans are so Consumed and
addicted to the material world
that we almost entirely gave
up and ignore the fact that
this material world makes
up a miniscule aspect of
humanity. The current perspective
of this aspect of humans is
ignored altogether, thus the solution
has been more material stuff:
drugs, T.V., Food. This is the
disconnect we have together

as humanity. But I am here to affirm every inclination, and sneaky feeling you have ever had. That humans are primarily light beings, and that there is an entire universe many people have not been able to connect with. I am here to give you the tools to understand this aspect of humanity; the Light. The Earth is very very old, as well as humans. Humans have inhabited

the Earth for hundreds of thousands of years. We own this Earth but we share this Earth with a Non-Human Entity.

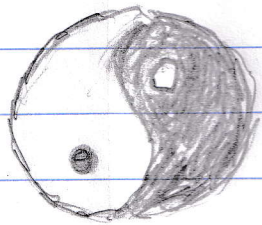
I will further refer to these co-inhabitants as N.H.E.

They are material creatures. They can not dream or create an original thought, or have any sense of self. They are material creatures who get a glimpse of Light; via us Light beings. They are the

other side of the yin and yang.

These creatures are conscious because we show them what consciousness is. Therefore, to get this material existence that exists through chemical reactions, we provide the Light.

I will elaborate further; but for now merely envision the Yin Yang symbol. This is the relationship we have with these beings by essentially



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Manifesting each other's
world symbiotically. To achieve
the experience of a chemical
being based on matter we
bring the world the Light.
The N.H.E. exist. We have
all met someone with no soul,
or no ability to dream; or,
quite simply individuals who
just copy and paste all their
their thoughts they present
as their own.

This is the existential

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tension everyone feels. We have been interacting with these beings, well I would imagine forever. All the way back to the story of Adam and Eve. We exist as light beings in their world, somehow supplementing our existence on Earth altogether. In exchange for awesome chemicals to generate our deep emotions such as love, we show them how it's like to be human. We allow the N.H.E. beings

access to our thoughts, thus
giving them access to the Light.

This is the law of equivalent
exchange.

So how did we get in this
crisis? The light which sparked
humanity is being given up
for a material substitute.

Part 1 - Let me set this up for you.

We begin with a
meditation or just concentrating
on ones own Light.

Breathe in ... and as
you breathe in feel every cell
inside you being pulled down
by gravity. Every cell inside
of you has two forces affecting
each cell simultaneously at all
times. One is the gravity
of the Earth pulling down,
while the other force is you.

Breathe out ; as the

force of gravity touches every cell in your brain, every tissue in your heart, the bottom of your stomach. Gravity is touching every cell, neuron, fibrous tissue inside you and pulls it towards Earth.

I always want to think this is what George Lucas is referring to in the movie Star Wars. The force, the gravitational pull of Earth that touches every living being on Earth

Simultaneously. Feel the gravity
flow through you...



So let's start from scratch
and use the great French
philosopher René Descartes
logic to approach this
situation as humans find
ourselves in. What I mean by
this is let's take a look at
this "being human" experience
we find ourselves in as a
blank slate. What solid

data do we have to work with? Generally one would believe a good place to start researching such a subject would be the public education systems such as the universities found around the world, for example: Harvard, Stanford, Oxford, and Cairo university. But it seems these institutions are dishonest about what they are willing to share when it comes

to innovations in science and archaeology.

Throughout humanities history countless numbers of libraries have been burned down and ransacked. There is a tragic aspect of humans where we believe by hoarding, hiding, and misrepresenting historical data and findings one can gain an upperhand over another person.

If one were to take

a look at the Palestinian history books, they use Western ideas as examples of what not to believe. I have seen pictures of examples and they are quite funny. They do bring up Darwin and the theory of evolution then state something along the lines of "everything Darwin wrote was a lie, and everything Darwin stated is wrong." I am paraphrasing here but they do not speak fondly of the

guys ideas.

China's history books leave out huge chunks of information as well; particularly regarding the hundreds of pyramids, key-hole structures, and megalithic sites. Chinese historians have criticized Western historians stating their dating for various archaeological sites are inaccurate. Chinese historians stated that structures such as the Great Pyramids of

Giza, the Sphinx, as well as Baalbek are much older sites than described.

It seems that each culture's schools have evolved into a form of propaganda.

Governments seem to use the schools to prop up outdated beliefs with wildly inaccurate stories. Schools are there to legitimize the status quo.

Anything new or groundbreaking in any field seems to

disappear or be shunned
aside if it does not conform
to the status quo. There
are several examples; but my
two favorites are Nikola Tesla,
and Terrence Howard.

It is a shame society
does not take these kinds
of people seriously. It happens
more often than I think people
know, where these people are
deliberately shunned or killed.

This odd tendency by those

in charge more than anything
got me asking; why?

Using these generally
accepted views of history, let
us go back to where we
started civilization. This would
be Göbeklitepe, which is
dated to around 9,500 BCE.

According to Western scholars this
is when we left the caves
and started building cities
and living in communities.

So for about 12,000 years

humans have been camping and hanging out. We had so much free time that we started moving giant rocks to create just epic pieces of art and architecture.

For the record the pyramids at Giza are said to be 4,500 years old by current Egyptologists. There are Arabic writings that date the pyramids as far back as 73,000 years ago as stated by Christopher Dunn

in his book The Giza Power Plant.

There is also the Turin papyrus hanging up in the Egyptian

Museum in Turin Italy that states

the Shemsu-Hor dynasty reigned

for 13,420 years and before that

dynasty there was another dynasty

that reigned for 23,200 years,

totalling 36,620 years.

I think it is safe to say

China is accurate when they

state human history is far

older than the Western education

Systems will allow.

Still according to Mainstream scholars the pyramids of Giza were built between 2,500 - 2,600 B.C.E. in about 25 years total.

Our ancient ancestors were able to move giant megalithic beautifully cut pieces of granite and other rock. On top of that they were able to with extreme precision. Our ancient ancestors had extraordinary capabilities often overlooked by scholars,

but I believe is coming to light. This topic is covered extensively in the documentary B.A.M. (Builders of the Ancient Mysteries), as well as on the Youtube channel Uncharted X.

So why does our education system not look further into this subject or at least approach it honestly?

The internet sleuths have uncovered a whole bunch

of things our education system does not want discussed.

Huge multinational companies in medicine and energy as well as others seem to have been able to inhibit this knowledge from the public.

This topic is very interesting and indeed endless, and I encourage everyone to look into these topics further. Some Youtube channels I recommend are: Uncharted X, Universe Inside You, and Versadoco.

The point is that humans are capable of such great things as creating the Pyramids of Giza and it looks like any knowledge is being filtered through and suppressed. But why?

This is the question that got to me the most...
Why do this?

The reason is we are Gods. As humans manifest the material world collectively.

We are not created by this material world, but tuned into the frequency of these matter manipulating beings. We refer to them as humans.

Through such human experiences as dreams, near death experiences, remote viewing, one can easily accept that day in and day out our consciousness (our Light, ourselves) is distinguishable from our body.

This body seems to be our

Way to connect to this world;
therefore able to effect,
influence, and create what
is actually manifested. The
body and soul are connected
but can operate independently.

So why would the
keepers of human history downplay
what humans are capable of?
Why discredit humans to such
a degree? Why go through
so much effort to hide the
truth?

The answer is "they" want to keep us down. This statement often floated around implies we are not alone. The "they" are quite simply the Non Human Entities. From here on out referred to as the N.H.E's. The ancient ancestors throughout the world all said we are not alone. This seems to be the case.

I am going to try and navigate us through,

this topic and how I got to this conclusion. But for now try to imagine all the beautiful things we have accomplished, such as: the pyramids of Giza, Petra, Angkor Wat, Pumapunku, and the list goes on.

Part 2 - Spirit, Soul, Mind, Body

We begin with a meditation...

I call this the pyramid meditation. Your head is the top of the pyramid, which is centered on your spine of which the base is at your waist. You can touch the corners with your fingers.

It is an aura, it is an energy field, I like to consider this our sphere of influence. It is that feeling when someone is in our space. This aura

flows around us, and we control this energy field.

This is a fairly simple field to concentrate on. Just picture a pyramid of energy spinning around you. You can also visualize this pyramid on top of another pyramid that is upside down at your waist. Another fun field to concentrate on is the inverse of this. This is where the square energy is at your shoulders and comes to a point

at the bottom of your spine.

This is a fun field to play with while meditating.

It seems to be easier for the body to concentrate on different fields while in different positions. For example, while sitting, as I am now while writing this, it seems to be easier to concentrate on a pyramid with a square at my shoulders. On the other hand, while I am standing up.

I like to concentrate my pyramid base energy (the square part) at my hips with the top centered at my head.

Whenever I am in public places and I get perturbed or somehow angry, impatient, or anxious I will concentrate on this field. It always separates me away from the issue, and centers me.

We all have an energy

field. All mass has gravity and
We are a bundle of mass.

The point being we all have
an energy field, so learn to
control it. Start focussing this
energy in directions you want it
to go.

Don't get mad or upset
at whoever it is you are upset
with. Don't let whatever made
up story you are daydreaming
about, which really doesn't
exist, take over your thoughts.

I urge you to throw all that into your pyramid energy field, and feel it spin around you ... feel it.

This is the pyramid meditation. So what are we up against?

~~Now that we are nice and centered let me tell you what we are up against.~~

Now that we are nice and centered let me tell you what we are up against.

I would like to refer back to the first line of this book,

"We are light beings." Therefore
there exist non light beings.

They exist instead as material
beings, non-human entities (NHE's).

I will describe this boggeyman
lurking in the shadows, and
describe how we take our seat
back to the throne here on
Earth.

Since the beginning of
time we have been connected
to the Spirit World. It is
always there. It is the

connection we feel when we close our eyes. Each individuals light seems to be distinguishable while simultaneously deeply connected to everything at all times in the Spirit World.

We all know that feeling of when someone enters a room, or if someone pops into our mind and sends a message. Our bodies are tuning vessels into this realm I named the Spirit World. How

We each manage this system
is the "human condition"
everyone speaks of.

There are many ways
to describe this connection,
but we all feel it and seek
this connection to the
Spirit World. The connection to
the Spirit World feeds the
soul, which nourishes the
mind to further feed the
body so we are able to
tune into the Spiritual World.

To find ways
to access the Spirit World
in the "West" is referred to as
religion. But it's that spiritual
connection among our fellow
beings which actually feeds
us. I argue this disconnect
is the underlying issue with
society day to day.

It appears that with
concerted effort humans have
been convinced that the Spirit
World does not exist. It

saddens me that an entire aspect of being human is largely considered "woo-woo". This topic is far beyond anyone's capabilities of comprehension to ever be discussed, so we choose to ignore this part of ourselves. This subject is only for special people hired by the C.I.A. to find some random plane in the middle of the jungle, or find secret codes hidden in a safe deep

in a Russian bunker. It's like watching the movie Inception, I push forward through the experience pretending to actually follow the story like it is not entirely based on Science Fiction. But the story is so convoluted, and absurd that everyone just moves on with their lives. This is the problem with religion in general.

Like most institutions throughout the world religion

has been corrupted. Most religions seem to have lost sight on studying a higher power and ascending to those realms. Instead they operate more like factions, tribes, or coalitions of people; a sort of inheritance based on where one is born.

Most people like myself have given up on religion. Yet I do find, even in my own community, people getting something productive in their

lives by religious institutions.

The prayer, communion, and networks of friends such facilities in the local areas provide is precious to many people.

On the other hand, I find it hard to name one religion that sometime throughout history has not been tarnished by some nefarious scandal. The fact that what they say and do is not aligned with

what was initially intended makes them hypocrites, and unbearable to be a part of willingly.

So this is the interesting predicament we find ourselves in as a civilization.

As light beings, by our own nature, we seek out this connection to the Spirit World one way, or another.

We crave it. The answer Western culture offers is more

prescriptions.

The spiritual connection we all seek is a large part of being human and is being ignored. This is manifesting, and then popping up in weird ways in our society if not controlled. We see more and more people everyday with multiple personalities, anger outbursts, and rage fits.

The other extreme way humans appear to be dealing

With this aspect of the human experience is by forming radical, ideological groups. They leverage this missing part in people to extort their followers.

These are some extreme examples how people find access to the Spirit World in order to feed the human soul. But it all seems to center around a communal harmonization. Some good

examples of these are; a group prayer, the Burning Man festival, a Phish concert, church hymns. These are all group gatherings where we all meditate or focus our energy on one thing collectively, concentrating our thoughts together all at once. It is the collective feeling of multiple consciousnesses merging together at one moment, centered and focused.

This is that spiritual connection we all seek. Once we understand how to achieve that feeling of being connected to the Spirit World and feed our soul, we need it again, as Light beings. It is often through the use of drugs and alcohol we find that balance in Westernized civilization, but there are techniques to maintain a connection to the Spirit

World such as prayer and learning to center oneself.

We hear of traditions where this was historically the job of a "shaman". But in modern times the way to the Spirit World one must go through many gatekeepers all claiming they have the best way to feed your soul. At this point society just pretends this part of humanity does not exist;

instead we just subscribe to what is sold to solve all our answers. At least that's what it says on the label.

Human beings are incomplete without the Spirit World. We must access the Spirit World to nourish the soul. A healthy soul keeps a healthy mind, which in turn works

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graph TD; SW[Spirit World] --> Soul[Soul]; SW --> Body[Body]; Soul --> Mind[Mind]; Mind --> Body;
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to build a healthy body.
The more tuned into the
Spirit World we are the
more the Spirit World feeds
our soul. The Spirit World
is right here connected
to you right now. It is
not for sale; but we must
train our bodies, we must
take it back right now
together. This is the human
Super power.

Before we had

Writing or words we used
this part of consciousness
to communicate. We would
come together "religiously" or
on a nightly basis after
hunting animals and gathering
stuff. At this point we would
commune together, sharing, drumming,
making mouth noises. This
is the precursor to language;
these social events throughout
history.

Our ancient ancestors

for hundreds of thousands of years came together each night with the locals and proceeded to get high and celebrate the bounties of the day. They probably entertained themselves with such nightly activities as making babies, and charting stars. They then woke up and did it again the next day.

This is what we

did before language. I argue we had our first concert before we could talk. Tribes from all over the area would travel to see that one group drum and dance. So it is easy to understand how these religious ceremonies are deeply engrained into humans DNA.

Part 3: The Spirit World

We begin with a meditation...

Breathe in, as you visualize a pyramid spinning around yourself. Feel the energy flow from your mind down your spine. All of your energy, flowing, spinning, like a vortex around your center. Feel the new energy spinning as the old energy releases outwardly and the new energy flows down from our head through our bodies. Refilling you

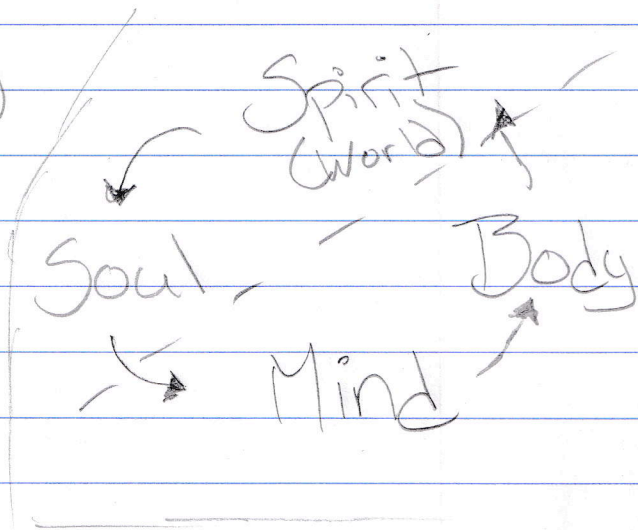
with light as you release
your breath.



Since the beginning of
time we humans have wanted
to bring our loved ones back
from the dead. To do this
we must assume that oneself,
which I have referred to as
the Light, is distinguishable
from one's body. As I stated
earlier, the human experience
is connected together as

I depicted in my little hand drawn graphic.

I show the body is for tuning into the Spirit World in order



to nourish our souls. Our soul once fully energized focuses the mind to tell the body what to do in order to further tune into the Spirit World. For the sake of this book I will refer one's

Soul as the Light.

It's not that heavy of a concept to understand that one's Light is independent from the body. The body is a sensory device connected to the Earth, but most importantly our device to connect to the Spirit World, like a receiver antenna.

Now let us really discuss the topic no ones dares talk about. Where does one's

Light go when confronted
with the demise of one's
body? Where does one's
Light originate from? These
are the real questions
people should be attending
to. It is unacceptable that
for no reason nobody talks
about these questions but
instead cowardly glosses
over the subject.

The popular opinion
is we are random accidents

that will eventually fade away into thin air one day, like the Thanos Snap.

I believe "they" are intentionally separating us through various and effective tactics to separate humans from the Spirit World altogether, starving our souls. Really just creating a bunch of soulless beings. This is the reason the world feels empty.

I am here to relight the

Flame inside the Spirit World
for everyone. It is not difficult
to learn how to tap into
this realm. It just takes
conscious effort.

The general public
opinion has been to give up
altogether on this aspect of
human beings. The reason
for this is because we
are left with no place to
start. Who can anyone trust
with this very real and

neglected aspect of himself
or herself when nobody else
seems to provide a
respectable answer? This
is when the conversation
ends.

Instead my friend
I want to explore this
subject because this is quite
literally what life is about. Nothing
is more precious or real than
the coming and going of
an earthly being. It is the

very fabric of humankind
and beautiful history, which
our ancestors said was woven
together by Shamans.

What are some facts
we do know about death?

The near death experiences
around the world have been
well documented. These interviews
are amazing because they are
so sincere and honest. There
are variations on exact details,
but all generally include being

a soul floating and looking down onto one's body. The stories of exact detail following these phenomena are all quite unique.

My own mother who passed away from cancer in 1997 had a very real experience about two weeks prior to her death.

She was sitting on the edge of her bed looking towards her dresser. On top

of the dresser was an old black and white headshot photo of my grandfather, her father, who had passed away just five years prior. As she sat on the edge of the bed getting dressed my grandfather rose out from the photo, sat on the bed next to her and put his arm around her. No one else was able to see this, but my mother freaked

out on a biblical scale.

Everyone else from around the house hustled to her to calm her down. She just cried doing her best to explain this to us. It was one of those frightening real moments in one's life where you think no one else will believe you. This is just one example that I have; this phenomenon happens to countless numbers of people on a daily basis.

Another interesting aspect to other spirits and those that occupy that realm is that it is here on Earth. I argue that the Earth is a spiritual limbo from which none are able to leave yet. The ancient Egyptians referred to this concept as the "Duat." Tibetan Buddhism refer to this as the "Bardo" There have been scholars that suggested

in order to return to the Stars one physically needs a body. This aligns with the body itself being a tuning device, and how the ancient Egyptians stated we get back to the Stars through a Stargate.

It is safe to say that the Earth is littered with spiritual activity, or whatever one wants to call this phenomenon. Throughout

history they have been documented
using descriptions such as:
ghosts, spirits, D.M.T. creatures,
fairies, trolls, angels, aliens.

By mere coincidence all these
beings seem to communicate
to humans; they speak our
language.

This is quite an
interesting fact that humans
are able to communicate with
these beings more clearly
than we can with the

animals on our own planet
such as a Whale or Octopi.

Now that is quite the
coincidence that all of these
phenomenon are able to
communicate in an abstract
way we can somehow interpret,
delivering a clear message
out of that very personal
experience.

These interactions with
entities that occupy the
Spirit World happen all day

every day. This is because the Spirits are unable to leave Earth.

I believe the simplest explanation for this as our ancient ancestors suggested in their stories, is our way back to the Stars would be through a Stargate. This is why we see all the Stargates discovered severely damaged at these ancient megalithic sites. Some being didn't want the

use of Stargates available any longer for humankind. This is what we see remnants of at certain megalithic sites.

What we are all experiencing is a mass amount of spirits stuck here on Earth. The solution to the problem we find on Earth right now is simply to open up the Stargates once again.

Part 4 - Painting a picture of the problem

We begin with a meditation...

Focus on the gravity

surrounding you right now.

Gravity is Earth's force

that reaches every cell in your

body simultaneously. Gravity,

unlike water or air, flows

right through us. This force

does not distinguish between

heart cells, or brain cells,

one's lung cells, or even

the cells on the top of

your feet.

Now just concentrate on the gravity affecting you right now. Is the gravity flowing through you or is it static? Is gravity affecting each part of your body differently? This would have to be true essentially just to stand upright, but I argue every cell is affected differently. Our entire circular system is directly influenced by gravity,

which means the Earth has influence on where every drop of blood is right now and where it will be going.

Does gravity affect the center of our head or feel differently than in one's butt cheek? What if the head and butt cheek are aligned vertically, does gravities affect vary then? This is a fun subject to go into and honestly deserves more

attention. Gravity probably affects our lives more than anything else, and is more real than what is sold online.

We see gravity as an obstacle as opposed to our ally.

Does gravity affect our body differently while immersed in water? What about when free falling from an airplane? IF there is a large group of people, is gravity in some way

affected? For example at a festival such as Burning Man where 70,000 like minded people share an experience all within proximity of each others gravity. Would this affect gravity? Not that far different than what we see nature replicate with beehives or ant colonies.

Are these group harmonization events affecting gravity?

Another cool thing to contemplate is if Someone

places their hand on top of your hand than put your hand over their hand the two of you are sharing gravity, and that is adorable. Is the gravity

flowing through both hands?

Is the gravity stagnant?

How close can you get to another person's hand before feeling it? If you are in close proximity to another person can one connect to

to the person via gravity?
What about far away?

In fact gravity is
mother Earth's ultimate
connection to each and every
one of us. Keep in mind
wherever you are the Earth
is embracing every cell within
you. Not just you, but everything.



So what is the
problem?

It all started a

long time ago. According to our ancient ancestors a life's journey was to return to the Stars. Our ancestors went through great lengths to prepare their citizens for this journey. Each culture from around the world had unique rituals, architecture, and preparations for the inevitable afterlife. It appears that most ancient cultures approached everyday activities

centered on preparing and studying for the afterlife.

What seems to have happened is all the Stargates, pyramids, and rituals have been broken, pilfered, and squandered. Lost and forgotten entirely.

The ancient ancestors of humankind throughout their historic records describe one's goal in life is to go back from where we came, the Stars. So naturally we translate the

word to describe a portal
back to the Stars as a
Stargate. Back to the first
line of the book, we are
light beings. Our ancient
historians tell us this, as
well as we belong back with
the Stars.

We belong back
amongst the Stars. We can all
feel that something is wrong
and I argue this connection
to our home amongst the Stars

is indeed the problem.

Something happened during Earth's history where somehow all the Stargates were destroyed. I will use just a couple examples like Tanis in Egypt, which is completely leveled with signs of extreme heat, like the melted granite statues. There is also Ollantaytambo in Peru, which has beautiful megalithic granite walls broken into pieces.

There are numerous locations around the world where it looks like the destruction was indeed intentional. The only reason for such devastating destruction is to leave the Stargate technology and any knowledge about it gone from history forever. The question is why, and I came to the conclusion that an entity wants to collect souls here on Earth to use for their

own benefit. Essentially being the original artificial intelligence. The idea is to collect as much consciousness to create the ultimate consciousness.

All artificial intelligence must begin with real intelligence to teach it to create and articulate itself. This is different than humans whom are capable of original thoughts; these beings use existing information

to copy and paste their own way.

This is what happened.

We humans essentially became slaves to the opposite of light beings. They are merely just matter based non-human entities (NHE). They need us humans to exist because we are the source of their light, and we use them to be a part of the material world. By the end of the book I will

clearly state how I came to this conclusion, just follow me on this journey.

There is a concept that is rarely brought up, which is a red flag to begin with.

Immortality; what is the ultimate way to live forever?

The answer is to download your soul into another viable vessel. Right now we store terabytes of information onto sand daily and don't blink

an eye. How many terabytes
would it take to download
one's soul?

Part 5 There is a solution

We begin with a meditation...

I refer to this as the pyramid meditation. I found this method an interesting way to visualize my meditation.

In the past I was prone to use mantras to center myself in public settings. I used these mantras often when I worked customer service.

Whenever someone would be incredibly rude or just be ridiculous, instead of succumbing

to certain people's absurd behavior I could center myself by repeating in my head the mantra "health... money". This works.

But humans consist of energy fields primarily. Our bodies operate on electrical fields directed by the brain. We are more electrical as opposed to chemically driven beings.

Biology itself is held together into these beautiful forms

by these unseen electrical and magnetic fields.

It seems most likely

these unseen fields are where

thoughts and ideas originate.

Humans use these fields to

generate the material world

we see in front of us. We are

just energy fields; matter is

just our way to have fun

with it. Pay attention to

these unseen energy fields

that you feel. They are

more real than what is on
any screen.

My favorite meditation
evolved from the mantra to
what I call the pyramid meditation.

Envision a pyramid field
around your body where the sides
come together as a point in the
very center of your brain. This
little part of your brain is called
the Pineal Gland, and I proclaim
this is where one's soul resides
while conscious. Feel it

inside your body.

As you concentrate on your pyramid circling around you, feel that point centered inside your brain. Earth's gravity is pulling down on that little piece of flesh right now and if you concentrate hard enough you can squeeze it like a muscle.

Then as the pyramid continues to spin, centered inside your body, feel the base of the

pyramid. Picture the four corners spinning around your hips. As the field spins around you can touch the corners with your fingers. With the shift of your hand you can spin it in the opposite direction. You can feel it centered running down your body giving it form. I like to envision a pyramid with similar workings as the ones in Giza containing chambers that are able to

beam up to the Stars.



So what is the answer?

We all feel it, and I believe the answer to the problem we see with humanity is fundamentally we must ascend the human species back to the Stars. I believe we are meant to be here right now to physically fix the Earth's pyramids. Like a cable cord that was disconnected, our job is to

connect Mother Earth back into the universe once again.

We could guess how exactly Mother Earth was disconnected from the Galactic Stars, but it seems there is a vast amount of physical evidence that some beings sought to destroy all the Stargates, or the doors to the gods.

The evidence for this can be seen on every continent on Earth. Not only is there

physical evidence of the Stargate's destruction, but there are ancient tales of them as well. This fact is one thing us Earthlings can actually rally behind. These accomplishments are the common thread we can all celebrate as humanities biblically epic achievements. Something we too are capable of.

The people that built

these megalithic sites are related to us. They appear to have had capabilities that seem to be far superior than we do in 2025 in many ways, such as: religiously, architecturally, mathematically, philosophically, governmentally, literarily.

The evidence is there;
so why is humanity so apprehensive?

The answer to this question
is quite simply control. So
then the question is, who does
have control? ... and,
What does that mean?

But first...